

# Main

OLD OTTAWA EAST COMMUNITY VOICE



# streeter

LA VOIX COMMUNAUTAIRE DU VIEUX OTTAWA-EST

## AVTC case continues to crumble

BY JOHN DANCE



PHOTO BY JOHN DANCE

Despite opposition from local residents, Mayor Watson, and city councillor David Chernushenko, the Alta Vista Transportation Corridor has still not been removed from the City of Ottawa's official plan. The proposed expressway will eliminate the large green space between Springhurst Park basketball court and the new community gardens.

The case for building the Alta Vista Transportation Corridor through Old Ottawa East took a few hits this summer.

First, Mayor Jim Watson reiterated his opposition to the four-lane highway.

Then, community activists showed forecast traffic increases that would have justified construction of the \$150 million project had not materialized.

"It's not needed ... it defies logic ... we're putting our infrastructure money into transit," Watson told community association presidents of Capital Ward when he met with them in May. His comments on the AVTC echoed others he had made last year.

"I want to be very clear that I do not support the Alta Vista Transportation Corridor," Watson had said.

A completed AVTC "would be very disruptive to a number of communities," he added.

However, Watson continued to support construction of the central portion of the AVTC. This section would run between Riverside Drive and the northern edge of the Ottawa Hospital campus.

The so-called hospital link was supposed to be under construction this year but suffered delays.

"Design requirements and approvals ... have taken significantly longer than originally envisioned and therefore we are not able to proceed as originally proposed when the 2012 budget was set," Alta Vista Councillor Peter Hume told the *Mainstreeter*.

*Continued on page 30*

## Main Street rocked by sky-high manhole explosion

BY KABRIYA COGHLAN

Residents of Brantwood Park were shocked by an explosion that blew a manhole cover high off the ground in the late hours of Saturday, July 14.

The explosion at the intersection of Main Street and Beckwith Road did not injure anyone. Nearby residents were left in the dark when a power outage followed the explosion.

Pedestrians who witnessed the accident were alarmed when the manhole suddenly erupted. According to witnesses, the manhole cover appeared to be blown "two stories high" and "15 feet away" from its location on the road. After the explosion, smoke and sparks continued to come from the manhole.

The Ottawa Police Department reported they received a call about the incident at 11:24pm. The Ottawa Fire Department was quick to respond to the call and sent their Hazardous

Materials team to the scene.

Marc Messier, Public Information Officer of Ottawa Fire Services, confirmed it was "not a sewer manhole but rather an electrical vault" that erupted.

"There was no fire when [the Haz Mat team] arrived," he said. Messier also assured the public the team secured the area to ensure maximum safety to nearby residents.

"It is suspected that there was some sort of electrical failure in the vault causing the explosion and cutting power to the area," Messier said.

A team from Hydro Ottawa arrived at the scene of the explosion the same night to repair the damage to the vault and restore power to the neighbourhood.



PHOTO BY IAN MCRAE

### Oil leak:

On October 5<sup>th</sup>, City work crews put a boom across the storm sewer emptying into the Rideau River behind Saint Paul University to catch floating oil. The spill took place the same day City contractors were cleaning storm sewers on Springhurst Street.

See Web Extras at [www.mainstreeter.ca](http://www.mainstreeter.ca) for more!

### Web Extras

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Journalism never gets more bore-ing than this! City contractors spent over a week in late September drilling seven-metre deep holes up and down Main Street. Some 20 holes were bored to determine the ground conditions under the road. The drilling crew started its work near Rideau River Road and worked north towards Lees. The drilling is part of the preparations for total reconstruction of Main Street, including sewers, water, street, sidewalk, lights and more."

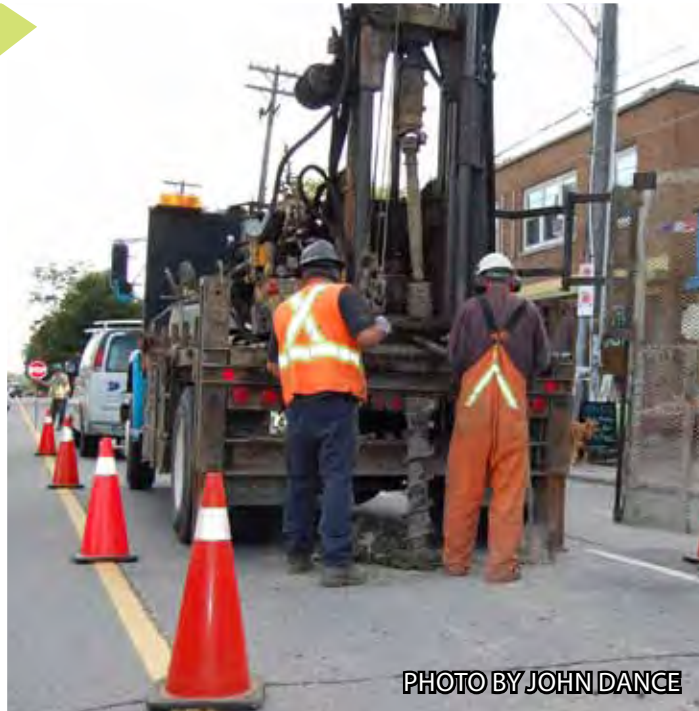


PHOTO BY JOHN DANCE



PHOTO BY JOSEPH ZEBROWSKI

The Main Farmer's Market was the scene of its second "flash mob" of the season when 100 new parents showed up to do a spontaneous dance routine in the Market followed by a group "latch-on" where moms nursed their babies on the lawn of Deschatelets Residence. The Main Street event was organized by the Ottawa Centre La Leche Canada group and Old Ottawa East parents Gillian and Michael Dawson. The participants were competing in the 12<sup>th</sup> annual global Quintessence Breastfeeding Challenge which kicks off World Breastfeeding Week. The challenge not only celebrates breastfeeding families but also serves as a platform to increase public awareness regarding the support required by breastfeeding mothers and babies. For more information please visit the web site of La Leche Canada at [www.llc.ca](http://www.llc.ca) or the Quintessence Foundation at [www.babyfriendly.ca](http://www.babyfriendly.ca).



PHOTO BY POM-STUDIOS.COM

On the weekend of September 15-16<sup>th</sup>, the North lawn of Saint Paul University was the site of Ottawa's first Armenian Festival. Organizers say close to 3500 people attended the two day celebration of Armenian culture. Music, food, and good times were the order of the day. Organizers hope to host the event earlier next year, likely in August. Vicken Aprahamian, President of the Armenian Cultural Association, told Mainstreeter that the Saint Paul Campus was chosen for its proximity to downtown and because they were able to use the Saint Paul chapel for a church service on the Sunday. The festival from 11 a.m. to 11 p.m. on the Saturday, and ended earlier on the Sunday in compliance with the City's noise bylaw. The highlight of the festival was the Saturday evening when the stage proved too small for one of the dance troupes and the performance moved onto the lawn. "It created a small village atmosphere", says Aprahamian. Organizers plan to continue the festival next year earlier in the summer at a location outside Old Ottawa East.



PHOTO BY VICKI DAVIS

One of the new signs along the Rideau River Nature Trail in our neighbourhood. This one marks a storm sewer outfall (one of three), two others show a silver maple and poison ivy and the sign recording the history of the Oblate property has been replaced due to vandalism. The cost of the new signs was partly covered by the City's environmental fund. They were installed by City of Ottawa staff on our behalf.

The Strathcona Legion held its annual recognition night on September 19<sup>th</sup>. The branch's chaplain, Georges Winters was awarded the "Legionnaire of the Year" for his tireless work on reviving the annual Remembrance Day ceremony at the Brantwood Gates on Main Street. He was also recognized for his contribution to the successful move of the legion branch to its new location. Georges is a former member of the famous Royal 22<sup>nd</sup> "Vandoo's" Regiment of the Royal Canadian Army. Congratulations George!"



PHOTO BY



## 2013 Production Schedule

Date for submission of articles/ads	Print date	Completion of Distribution
<b>#1</b> • January 18, 2013 • Winter issue, Easter	February 13, 2013	March 8, 2013
<b>#2</b> • March 22, 2013 • 'Easter' issue	April 17, 2013	May 10, 2013
<b>#3</b> • April 19, 2013 • Spring issue	May 15, 2013	June 7, 2013
<b>#4</b> • June 28, 2013 • 'Back-to-school' issue	August 14, 2013	September 5, 2013
<b>#5</b> • September 18, 2013 • Fall Issue	October 16, 2013	November 8, 2013
<b>#6</b> • October 23, 2013 • 'End-of-Year' issue	November 20, 2013	December 14, 2013

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# FROM THE EDITOR UN MOT DU RÉDACTEUR EN CHEF



PHOTO BY PETER CROAL

Joseph Zebrowski, *Mainstreeter* Editor

## LETTER TO EDITOR

### DEAR EDITOR:

I'm very disappointed with the "... East Townes development" article in the August - September *Mainstreeter*. This article put a distorted slant on a matter that needed broader understanding and consideration. It created the appearance of a conflict between the community residents and the OECA, where none existed.

The intent of the infill article was to point out the frustration that long time residents have with new infill homes in their neighbourhood and the need for residents to become familiar with the City's planning process and the current development regulations. By focusing on conflict rather than assisting the growth of community knowledge, the printed article did not fulfill its objective.

The Councillor and OECA recognize that new development can be very distressing to neighbours and they work to find a balance between the rights of property owners and the quality of life currently enjoyed by residents in our community. Misrepresentation in the *Mainstreeter* makes finding the necessary balance harder.

My involvement with this article was with the intention to reference links on the OECA website planning section and to encourage OOE residents to become more knowledgeable of planning principles and process. Unfortunately, the OECA planning website was not mentioned.

I recently received a copy of Phil Legault's unedited article titled "A Neighbourhood in Transition". I trust this unedited version, which captures the proper intent, will be posted on the *Mainstreeter* website and I encourage everyone to read it.

Yours truly, Paul Goodkey

Visit [www.mainstreeter.ca](http://www.mainstreeter.ca)  
to read more on this story.

Hello again and welcome back to the *Mainstreeter*! Like you, we have slipped out of summer mode into the "regular" rhythm of the fall. It is hard to believe but we are almost at the end of our publishing year! It's the perfect time to remind everyone that our "End-of-Year" issue will be published on December 12<sup>th</sup> (deadline for submissions is November 21<sup>st</sup>). That means we are looking for news about activities and events taking place between December and mid-February, since our first issue of 2013 won't hit the streets until February 13<sup>th</sup>, 2013. Be sure to notify us at [editor@mainstreeter.ca](mailto:editor@mainstreeter.ca) if you are planning an event in our area in December, January, or early February – it will make our reporters' job much easier!

...and speaking of reporters – we need more! *Mainstreeter* is looking for roving reporters to cover community events, public meetings, and the goings on at City Hall. Do you like writing? Are you comfortable phoning people you don't know to ask them for information? Do you have a good memory? It is never too late to learn something new and to give back to your community. We are especially interested in individuals who have a good knowledge of the Kings Landing area as well as the neighbourhood between Riverdale Avenue and Echo Drive. Contact us at [editor@mainstreeter.ca](mailto:editor@mainstreeter.ca) if you are interested.

I got really spoiled this summer as editor because we were able to grow the number of our staff reporters to the point that we could move from just reporting events to doing a little investigative reporting. I would like to thank our ever loyal volunteer reporters, especially our three summer interns who did yeoman's service to the *Mainstreeter* and the community through their articles on various topics. A big thanks to our young reporters!

Bonjour et merci d'être de retour dans nos pages! Après la pause estivale, votre vie a sans doute repris son cours normal. La nôtre aussi! Ceci est notre 5<sup>e</sup> numéro de 2012; il n'en reste plus qu'un avant la fin de l'année. Je tiens d'ailleurs à vous rappeler que notre prochaine édition (la dernière de l'année) sera publiée le 12 décembre, et la date de tombée sera le 21 novembre. Nous sommes donc en quête d'histoires et de nouvelles qui auront lieu dans le vieux Ottawa-Est d'ici le mois de février, car notre première édition de 2013 ne sera sur votre perron qu'à partir du 13 février. Si vous pensez organiser un événement ou une activité dans le quartier en décembre ou en janvier, dites-le-nous! Un courriel à [editor@mainstreeter.ca](mailto:editor@mainstreeter.ca) nous aidera grandement à planifier le travail de nos journalistes itinérants.

Le *Mainstreeter* est justement à la recherche de journalistes itinérants pour couvrir les événements communautaires, les réunions publiques et les activités du conseil municipal. Aimez-vous écrire? Aimeriez-vous poser des questions à des gens que vous ne connaissez pas? Avez-vous une bonne mémoire? Alors, contactez-nous. Le *Mainstreeter* offre une formation de base à ses nouveaux journalistes ainsi qu'un soutien continu. Il n'est jamais trop tard pour apprendre un nouveau métier et rendre un précieux service à notre communauté! Nous cherchons surtout des individus ayant une bonne connaissance du secteur Kings Landing et du secteur situé entre la rue Riverdale et le chemin Echo. Faites-nous part de votre intérêt dès maintenant à [editor@mainstreeter.ca](mailto:editor@mainstreeter.ca)

Cet été, j'ai eu le grand plaisir d'être entouré de tant de journalistes au *Mainstreeter*, que nous avons pu passer de la simple rédaction de nouvelles au journalisme d'enquête. Je tiens à remercier tous nos fidèles bénévoles, et en particulier nos trois stagiaires, qui ont rendu un grand service au *Mainstreeter* et à la communauté, grâce à leurs articles sur divers sujets. Un grand merci à ces journalistes en herbe!

**MAINSTREETER IS LOOKING FOR  
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Contact us at [editor@mainstreeter.ca](mailto:editor@mainstreeter.ca)  
if you are interested.

**LE MAINSTREETER EST À LA RECHERCHE DE  
JOURNALISTES ITINÉRANTS**  
pour couvrir les événements communautaires,  
les réunions publiques et les activités  
du conseil municipal.

Faites-nous part de votre intérêt dès  
maintenant à [editor@mainstreeter.ca](mailto:editor@mainstreeter.ca).



ERRATA

PHOTO BY LUCY MORRISSEY

**MAINSTREETER'S 'OUR NEIGHBOURS' COLUMN IN THE PREVIOUS ISSUE MISPELLED THE LAST NAME OF ANNA AND SALVATORE MORELLO. THE ARTICLE GAVE THEIR NAME AS "MORELLA. THE MAINSTREETER REGRETS THE ERROR.**

# VOLUNTEER SALUTE

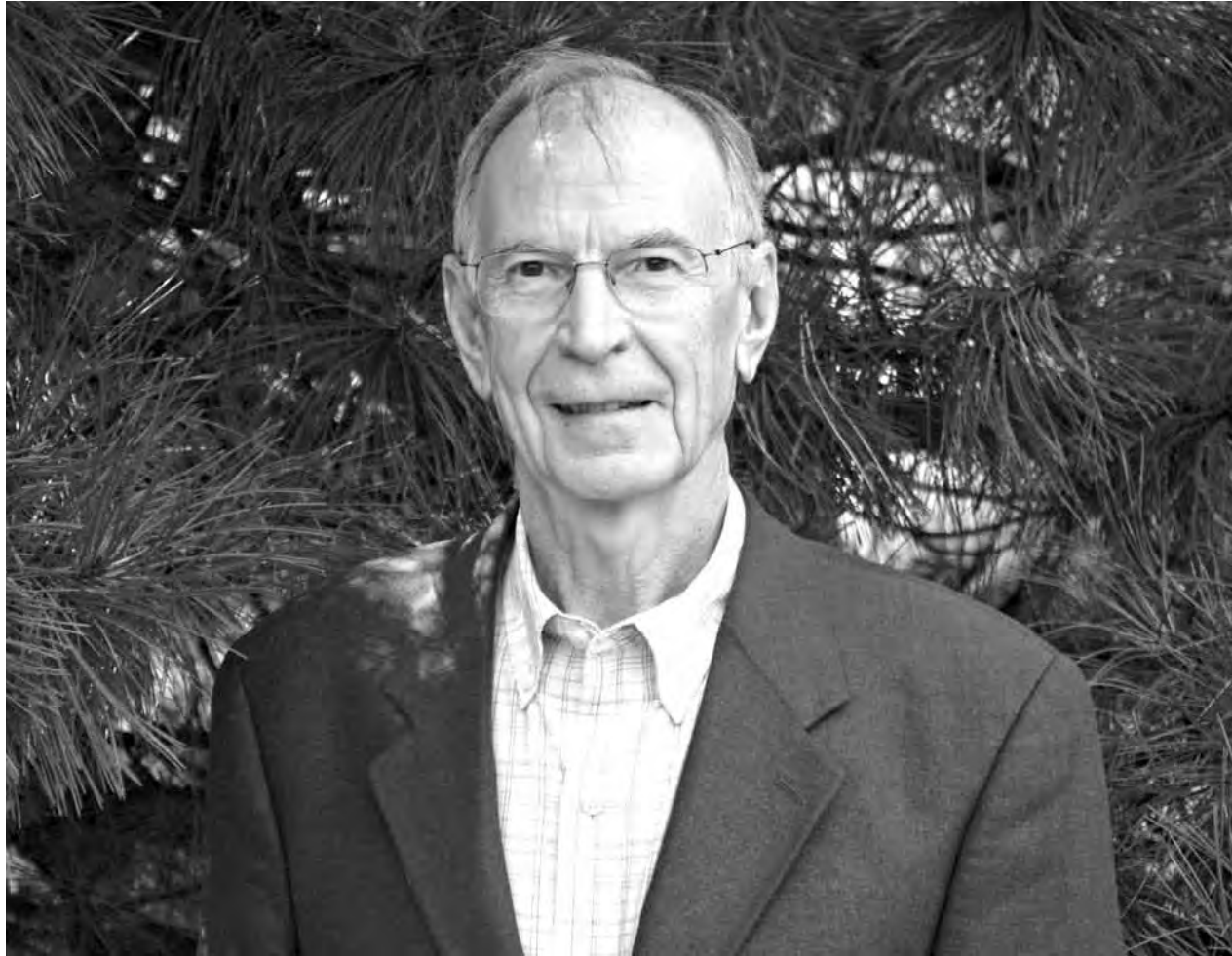


PHOTO BY LUCY MORRISSEY

**Mainstreeter's columnist Larry Doshen (Strathcona Legion column) is hanging up his pen to focus on other pursuits, including taking on the presidency of the Senior Citizens Council of Ottawa in 2013**

BY LUCY MORRISSEY

For about three years, until May 2012, Larry Doshen, 72, wrote for the *Mainstreeter*, sharing information on the activities of the Royal Canadian Legion Strathcona Branch with residents of Old Ottawa East.

“As I wrote more and more columns, it became easier to write but harder to find topics,” Doshen said, adding he enjoyed writing a story more than digging it up.

Doshen had no previous experience as a columnist. And yet, he had largely positive things to say about his time with the *Mainstreeter*.

Highlights included working with editor Joseph Zebrowski, because of his leadership, and hearing from community members who gained information by reading his work.

“I’d like to think the folks in Old Ottawa East would have [greater] appreciation for the objectives of the Legion and know the Legion is open to all citizens, not just ex-military,” Doshen said, about the impact of his column.

“When he took over PR, he put the branch on the forefront in the *Mainstreeter*,” said Brian Madden, president of the Legion branch, who worked alongside Doshen when the branch was in the midst of moving from a small home at 99 Greenfield Ave. in Old Ottawa East into a larger facility on Bank Street.

Doshen said finding topics he felt were of interest to the community was the most challenging aspect of his job. While preparing the column, Doshen volunteered for the Legion’s public relations, helping organize special events and prepare speeches. Madden described Doshen as “invaluable.”

“When we were in the middle of moving, he was very good at keeping us organized and everyone abreast of what was going on,” said Madden. “With the growth we had, his organizational skills were unbelievable.”

Doshen works part-time as an emergency preparedness consultant for The Zeta Group and lives in Alta Vista.

He was born and raised in Saskatchewan and attended the University of Saskatchewan before joining the Armed Forces. In 1980, he arrived in Ottawa for his final posting. His family liked the city and for that reason Doshen decided to stay. In 1995, he retired from the Air Force.

Following his departure, he remained active. Today, he is vice president of the Senior Citizens’ Council of Ottawa. Next year will be taking over the reins as president. He cycles and plays hockey with the Silver Foxes at the Jim Durrell Recreation Centre.

Doshen said he is a “project-type” person: he derives motivation mostly by finishing a project at hand.



[www.Mainstreeter.ca](http://www.Mainstreeter.ca)

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Community Activities Group:  
Call Old Town Hall at 613-564-1078 and leave a message for Catherine Pacella  
Community Police (for non-emergency concerns):  
Cst. Khoa Hoang 613-236-1222 ext. 5287  
Mayor Jim Watson: [Jim.Watson@ottawa.ca](mailto:Jim.Watson@ottawa.ca)  
Old Town Hall: 613-564-1078  
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END-OF-YEAR ISSUE  
WINTER ISSUE

NOV 21ST  
JAN 18TH

(PUBLISHED DEC 12TH)  
(PUBLISHED FEB 13TH)



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# BUSINESS BEAT



Browsing the produce at the Main Farmers' Market.

PHOTO BY RON ROSE

## The farmer's market brings the country to Old Ottawa East

BY RON ROSE

Each weekend, about 45 local businesses gather in the parking lot of Saint Paul University to participate in the Main Farmers' Market.

Most are agricultural producers. With one exception, they live within 100 miles of Old Ottawa East. About half provide organic products.

Hoople Creek Farm is a small-scale mixed farm located in Ingleside in the Seaway Valley. Their stand is located on the north side of the market. They sell mostly vegetables.

"Our produce is as fresh as it can get," said owner Jamie Creskey. "Everything that we grow goes directly to consumers."

Creskey said he particularly enjoyed talking with the Main market's knowledgeable clientele.

Another regular vendor is Thom van Eeghan of the Elk Ranch in Kanata. Van Eeghan has sold meat at the market since it opened. His stand is located near the southwest corner.

"Our animals are raised free range, so we don't need to use any antibiotics"

van Eeghan said. His animals are also raised without artificial hormones.

He said he enjoyed selling at the Main market because it had a friendly atmosphere and was reasonably sized. He found customers and vendors friendly.

"I also like the fact that the market is well managed, not bureaucratic," van Eeghan added.

Warner's Farms, from Beamsville on the Niagara peninsula, is the market's one exception to the local producer rule. Market managers have

allowed Warner's Farms to sell their produce because they provide goods not available locally, such as peaches and plums.

Most of the vendors pick produce late on Fridays and get up between five and six on Saturday mornings to prepare their goods and drive to Main Street. Torrie Warner of Warner's Farms, lives differently.

"I normally leave before midnight on Friday to come to Ottawa," he said.

Most of the people attending the market on a recent morning were from

*Continued on page 32*

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Are you a senior living at home or residing in a retirement residence, who wants help organising your living areas and papers?



Bill Rolph is an Old Ottawa South resident. He has over 20 years' experience in information management and as a consultant assisting seniors de-clutter and organise their living areas, create file systems, and manage their personal papers.

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# NEWS

## Young Brantwood midwives slowly deliver

BY JOHN DANCE

In late August, 83 days of patient checking paid off for nine-year-old Persephone McPherson and her six-year-old brother Quinn: the snapping turtle eggs they had seen being laid in June finally hatched.

Almost every day since June 9, when a large snapping turtle laid her eggs just east of Brantwood's basketball court, Persephone and Quinn checked to see if anything was happening.

Then, early in the morning on Aug. 30, Persephone spotted the opened-up earth. Twenty palm-sized turtles were crawling out of their white, papery shells, heading straight to the river about 150 metres away.

"They thought it was fabulous," said the children's mother, Melissa McPherson of Onslow Crescent. Their father, Brian, a *Mainstreeter* photographer, captured the remarkable event.

In June, on their way to soccer practice

in Brantwood Park, Persephone and Quinn had come across the mother turtle digging a hole, carefully laying each egg and burying the whole clutch. Remarkably, the clutch remained hidden to local wildlife, the occasional dog wandering into the park and the many basketball players using the adjacent court.

Only one of the eggs did not hatch. One newborn didn't set off for the river. Persephone and Quinn kindly gave the little beast a helping hand, carrying it to the river's edge.

Meanwhile, as earlier reported in the online *Mainstreeter*, another batch of eggs was laid near some of the play equipment in Brantwood Park. Conscientious park users protected the area, marking it with fluorescent tape.

Two weeks after the first eggs hatched, it was time for the second batch. Persephone reported there was again only one egg that did not hatch.



Midwives Persephone and Quinn McPherson helped one laggard baby turtle find its way to the river.

PHOTO BY BRIAN MCPHERSON

### Notice of 2012 Joint Annual General Meetings for

**Old Ottawa East Community Association  
and Community Activities Group**

**Tuesday, November 13, 2012**

**Auditorium G203,  
2nd floor, Guigues Building,  
Saint Paul University, 223 Main Street  
Everyone welcome!**

**7:00 p.m., registration  
7:15 p.m., annual meeting call to order, followed  
by a social hour**



**Avis d'assemblée générale annuelle  
conjointe 2012 de  
l'Association communautaire du vieux  
Ottawa-Est  
et du Groupe d'activités communautaires**

**Le mardi 13 novembre 2012**

**Auditorium G203,  
2<sup>e</sup> étage, Pavillon Guigues,  
Université Saint-Paul, 223 rue Main  
Bienvenue à tous !**

**19 h, Inscription  
19 h 15, assemblée générale annuelle suivie  
d'une rencontre sociale**

**For up-to-date information and agenda go to [www.OttawaEast.ca](http://www.OttawaEast.ca)  
Pour les mises à jour et l'ordre du jour, visitez [www.OttawaEast.ca](http://www.OttawaEast.ca)**



# NEWS

## Cyclist light at Graham and Main

BY LUCY MORRISSEY

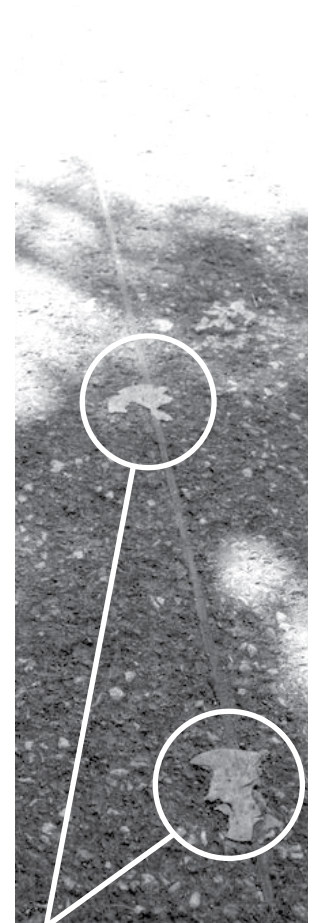


PHOTOS BY LUCY MORRISSEY

Many cyclists pass through Old Ottawa East, but never notice they have their very own traffic light at the very busy intersection of Graham and Lees.



Cyclist Jennifer Robichaud has used the light to avoid the heavy traffic leading to the Pretoria Bridge



The painted dots that cyclists use to change the light are in desperate need of repair

A special traffic light for cyclists at the intersection of Main Street and Graham Avenue remains a mystery to many.

"I did not expect it to be as useful as it is," said Don Fugler, a 61-year-old resident of Old Ottawa East, who rides north on Echo Drive and takes Graham to Lees Avenue several times a week. "I would ordinarily take Hawthorne [Avenue] east and join up to Lees at the end of Hawthorne, right on Concord [Street South], and then left on Lees. I find the Graham route more direct, without the dangerous left hand turn

onto Lees. It also avoids the heavy traffic coming east off Pretoria Bridge."

Jennifer Robichaud, 39, said she didn't use the light regularly but did so once after visiting Bank Street. She said she also tries to avoid Pretoria Bridge because of the narrow bike lane and grumpy drivers.

Bruce Martin, owner of Cycos, and Gabe Macki, owner of Phat Moose Cycles, both familiar with the bicycle light, admitted their customers never mention it, even though it is just around the corner from their Hawthorne Avenue shops.

The light has shortcomings. The sensors--yellow dots on the road that cyclists must run over with their bike to trigger the light to turn green--are worn and barely visible. According to Fugler, in winter, the snow builds up on the sensors making the light even more difficult to activate. Fugler also pointed out that cyclists had to learn how the light worked relative to the rest of the Main-Graham intersection.

"When the light turns green, you have to infer that it is not green for motorists," he said.

Neil Johnston, co-ordinator of the University of Ottawa Bike Co-op, wasn't familiar with the light even though he cycles on Main Street every day. He said he would try use it.

"Anything that helps bikes on the road is a great idea," he said, adding he had noticed a growing push for bike lanes and lights in Ottawa.

"These things are even better for the winter," Johnston said. "Any space you can get between yourself and the car."



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*Paul Denys*

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# NEWS



Lees Avenue Community Garden beats the heat and celebrates a fruitful first year.

PHOTO BY JOSEFINE YACKSMITH

## Lees Avenue Community Garden beats the heat and celebrates a fruitful first year

BY JOSEFINE YACKSMITH

Despite farm crop failures in the Ottawa area this summer, the Lees Avenue Community Garden yielded a significant amount of produce.

“Surprisingly the plants did fabulously and there is a great deal of food growing, thanks to the commitment of garden members diligently watering,” said Dale Deen, garden co-chair.

Among the many plants in the garden, there were zucchini, herbs, tomatoes, green onions, blueberries, and corn.

“It looked a bit rough at first because of the drought,” admitted Daniel Fadelle, a resident of 170 Lees Ave., “but I went out of town for a few weeks and when I came back it was all green. It was nice.”

The garden demonstrated what could be accomplished when dedicated parties collaborate. It was volunteer-built and run. On June 21, volunteers from Fiskars, a Finnish tool company, Canadian Tire, Just Food and the Old Ottawa East community worked hard in 35-degree weather to build the garden. It foreshadowed the hot, dry summer.

Lees garden treasurer Michael Oster arranged water donation from 170 Lees Ave. The 13 garden members, who each paid \$20 a year

to rent a plot, cared for their own raised beds and contributed to overall garden maintenance. There was also a small garden committee that ensured everything ran smoothly.

The garden was a welcome addition to the community, and many residents of the Lees Avenue apartments appreciated it.

“I love it. Anything that gets people outside, right?” said James, a resident of 170 Lees Avenue. He said he often saw both volunteers and locals spending time in the garden.

While the garden members were happy that people spent time in the garden, they also had some concerns.

“We would be grateful if they took their garbage with them, particularly beer bottles and cigarette butts,” said Dale. “We also ask that they leave the veggies in the garden for the benefit of the gardeners who are growing it!”

Sustainable living is an increasingly important issue in the world today. Building community gardens is a step in the right direction and a source of inspiration for future similar projects.

“It has been a tremendous local and international effort to bring it into being. We look forward to sharing it with the community for a long time to come,” said Dale.

Just Food promotes community gardens through their Community Gardening Network of Ottawa program, and connected Fiskars with the Lees Avenue residents who wanted to start a new garden.

“When selecting locations for community gardens we learned that public demand for gardening space is strong in Ottawa and most gardens in the city have waiting lists,” said Amanda Weibel, a PR specialist for Fiskars Americas, which played a large role in the Lees garden through its Project Orange Thumb initiative.

“Project Orange Thumb is a community gardening initiative that provides groups across the U.S. and Canada with tools, materials and resources they need to create new beautiful and productive community garden spaces,” Weibel said, adding Fiskars stays in touch with garden leaders at Project Orange Thumb gardens but “look to the immediate community to facilitate day-to-day upkeep.”

The Lees Avenue Garden Committee wants to expand the number of beds next year. It can be reached at leescommunitygarden@gmail.com for inquiries regarding renting a box.

## Footbridge proposal liked but improvements suggested

BY JOHN DANCE

At the third and final open house for the proposed canal footbridge, residents reacted positively to the recommended design. However, they didn't hesitate to suggest improvements and potential sources for funding the estimated \$17.5 million structure.

Approximately 100 people gathered on September 27 to review the City's display boards and hear a presentation about how the bridge's design evolved. While some details had previously been released, the cost was news - and higher than many had anticipated.

Construction costs are estimated at \$14 million. The costs associated with landscaping, engineering services, signalized parkway crossings, and Colonel By realignment to accommodate the switchback make up the balance.

### RECOMMENDED DESIGN

As outlined by City consultant Peter Steacy, the recommended plan has an Old Ottawa East ramp that “flies over” the Canal parkway and lands on the Colonel By median. This landing would be separated from residential properties by a row of vegetation.

The “switchback” ramp will be built in the median, ending on a new plaza which will protect the existing mature oak tree. “A lookout is proposed at the north end of the switchback ramp,” says Mr. Steacy.

When looked at from above the bridge is like a huge “C.” “The continuous curve of the deck provides a gradual, smooth path for pedestrian and cyclist travel,” say the consultants.

The western end of the bridge in the Glebe goes over “an enlarged and restored Lily Pond,” the audience was told. A key feature of the bridge is its widening from 3 to 6.5 metres at the centre to accommodate a lookout area.

## Want to know more?

READ THE REST OF THIS ARTICLE AT [WWW.MAINSTREETER.CA](http://WWW.MAINSTREETER.CA) UNDER WEB EXTRAS.

# NEWS

## Carleton Preschool – Rainbow Kidschool celebrates 30 years

BY NANCY MARSHALL

It seems like only yesterday that Rainbow Kidschool - Carleton Preschool as it was known at the time - moved to 63 Evelyn Ave. That was an amazing 30 years ago.

Rainbow Kidschool is an ever-evolving centre, changing its program offerings from year to year in an effort to meet the needs of the community.

When the centre first moved to Lady Evelyn Alternative School, it offered morning and afternoon preschool programs. Rainbow soon answered the call for a lunch program, an afternoon kindergarten-age group and an afterschool program, while maintaining its core offering of morning preschool.

This September saw more changes. Due to the arrival of full-day kindergarten at Lady Evelyn, Rainbow had the opportunity to expand the time-frame for its morning preschool program.

It now operates from 8:00 to 11:30, with options for two, three or five days per week.

The afternoon program will still be geared for kindergarten-age children, drawing enrollment from Elgin Street

Public School, Corpus Christi Catholic School and Hopewell Avenue Public School. Buses from the various schools will provide transportation to Rainbow Kidschool.

The afternoon program will operate from 11:30 to 2:30 and the after-school program will run from 2:30 to 5:30 for both kindergarten children and those aged six to nine-years-old.

Rainbow afterschool enrollment has expanded and programs will now be offered in three different classrooms, all on the main level of the school

The early childhood educators at Rainbow Kidschool are excited to be able to include more children and parents in the warm, caring, learning environment, now famous after 30 years.

For more information about Rainbow Kidschool and programming space for this school year, please contact :

Nancy, the director, at 613-235-2255 or by email at [carletonpreschool@hotmail.com](mailto:carletonpreschool@hotmail.com). Our website is [www.rainbowkidschool.ca](http://www.rainbowkidschool.ca).



Rainbow Kidschool is expanding its pre-school options with the arrival of full-day kindergarten at Lady Evelyn Alternative School and has expanded into three classrooms. PHOTO BY NANCY MARSHALL

## Immaculata news

BY STEPHANIE BYRNE

Immaculata High School staff and students have settled into the 2012-2013 school year. They have welcomed Christopher Mes to the school as the new principal among many new staff and students.

Immaculata hosted a welcome BBQ on Sept. 1. It was well attended by new members of our school community. Student ambassadors came out to give tours and share the Immaculata spirit with new students.

Our annual Meet the Teacher evening, Sept. 6, allowed families the chance to gather to mark the beginning of the academic year.

Students are already busy working on their academics and spending

spare time on many of the fantastic extracurricular activities the school has to offer.

### ATHLETIC NEWS

Tryouts are under way for the Saints football, junior girls' basketball, senior girls' basketball, senior boys' volleyball, senior boys' soccer, junior boys' soccer, cross-country, golf, girls' hockey, swimming and tennis. The school is looking forward to a great fall season.

### CLUBS AND RECREATION

The Environment Club has returned to tending to the school garden, part of the EcoSchool project. The garden

has been a huge success thanks to the dedicated work of the club members and Ms. Vansickle, Mr. Milburn and Mr. Blain. The group will deliver their fall harvest to local organizations that will share the food with families in need. The members of this club intend to continue their work through recycling and re-using products in order to keep their Ontario EcoSchool silver certification.

The Social Justice Club has recruited new members and is starting to plan events for the fall.

The Red Maple and White Pine Book Clubs will hold their first meeting in October. Members are looking forward to meeting authors and sharing books.

Immaculata's Run for the Cure group has started gathering members and pledges to support breast cancer research. The community is excited to support them in their efforts.

### SEPTEMBER EVENTS

Students were looking forward to participating in the Terry Fox Run Sept. 21.

Think Pink day took place Sept. 28.

The Stratford trip for senior students interested in experiencing live theatre was scheduled for the end of the month.

# NEWS



PHOTO BY JOHN DANCE

The University of Ottawa's Sylvio Miron shows the location of the new pathway behind the new playing field and stadium.

## Pathway extension delayed

BY JOHN DANCE

Opening of a 400-metre section of the Rideau River Nature Trail behind the University of Ottawa's new playing field at 200 Lees Avenue was postponed recently because of construction complications.

The university had committed to opening the new route in mid-September but coordination of work with the provincial Ministry of Transportation resulted in delays.

The province wants to widen the Queensway near the stadium site.

The university did not initially include a pathway behind the playing field. After consulting last January with the Old Ottawa East community and the city, it changed its plans.

It was to provide for a pathway along the Rideau River from the Russian embassy in Sandy Hill to the Oblate property in Old Ottawa East.

The OOE community made it clear that the city council-approved community design plan called for a pathway to run along the river. The new portion of the path will go from the Queensway bridge to the southeast corner of the 200 Lees Ave. apartment

buildings, then north between the new playing field and the campus buildings.

The extension will include a new passage under the footbridge that crosses the Rideau River.

The city will be responsible for finishing the section of the nature trail west of the stadium and south of the campus buildings. It has not completed the planning and scheduling of this work, however.

Over the summer, the university blocked pedestrian and cyclist access through its Lees Avenue campus during stadium construction. Walkers and riders had to detour through Sandy Hill to get to the river footbridge or take the transitway bridge to cross the river. The path parallel to the Queensway will not be restored until 2016 because its route will be used as a staging area for the Queensway widening project.

### STADIUM ALSO DELAYED

Opening of the university's new playing field and stadium were also delayed.

The Gee-Gees football team will be unable to play any of its 2012 games

costly and massive concrete ring had to be constructed to serve as the new means of anchoring the dome.

Another delay occurred when workers found bones during excavation. Ottawa Police investigated. The bones turned out to belong to cattle.

The storm water management for the new field required special engineering to ensure precipitation would not leach out metals and other substances below the field's surface. An impermeable barrier was installed under the playing field's artificial turf.

Storm water will flow from the barrier into two large concrete holding tanks and drain into the Rideau River through existing storm water pipes.

### COST \$400,000

The new pathway's total cost, including the underpass beneath the river footbridge, will be about \$400,000, Miron said.

The city is expected to contribute about a quarter of the construction costs. However, the pathway would remain the property of the university.

The total bill for the stadium will be more than \$7 million. The Queensway widening is expected to cost about \$150 million.

The city is working on plans to finish the section of the pathway behind the campus buildings, leading to the transitway bridge. OECA has asked Coun. David Chernushenko to request the work be part of the 2013 civic budget.

Two years ago, funding for the entire nature trail - which the city calls the Rideau River Western Pathway - was included in the proposed budget. But city staff removed the pathway construction before the final budget vote.

## PIANO LESSONS

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# OLD OTTAWA EAST FAITH COMMUNITY

## CHURCH CONTACT AND SERVICE TIMES

### BAHA'I COMMUNITY OF OLD OTTAWA EAST

Tuesdays at the Old Town Hall  
61 Main Street  
ShahramAyoubzede  
613-233-7213

### ASCENSION

253 Echo Drive  
613-236-3958  
Rev. Gary Hauch  
Services: Sunday 10:00 a.m., with  
Sunday School  
Thursday: Eucharist Service 10:00 a.m.

### CALVARY BAPTIST

107 Main St  
613-233-7213  
Pastor Matt Rudd  
Services: 11:00 a.m.

### CANADIAN MARTYRS

100 Main St  
613-232-5347  
Fr. Robert Smith  
Jane Staples (pastoral assistant)  
Saturday Mass: 5:00 p.m.  
Sunday Mass: 10:00 a.m.  
Daily: 11:30 a.m.

### CELEBRATION CHURCH

Saint Paul University Amphitheatre  
Jason Byers  
613-220-3136  
jasonandcarrie@rogers.com  
Sunday at 10:00 a.m.

### GRACE COMMUNION INTERNATIONAL

Church of the Ascension  
Pastor Bill Rabey  
613-445-0740  
bill-linda.rabey@sympatico.ca  
Saturday: 11:00 a.m.

### HOLY GHOST CHURCH

Society of St. Pius X  
115 Echo Drive (Echo & Main)  
Tel: 613-266-3971 (weekends)  
Tel: 514-312-7890 (weekdays)  
www.sspcx.ca  
Father Dominique Boulet, pastor  
Father Pierre Roy, assistant  
Traditional Latin Mass: Sunday  
10:00am  
Confessions before Mass.

### PEACE LATVIAN EVANGELICAL

**LUTHERAN CHURCH**  
83 Main St.  
Ottawa, ON K1S 1B7  
Ligita Miežitis  
613-733-4058  
Service: 11:00

### SAGRADA FAMILIA ET COMMUNAUTÉ

Espagnole  
152, avenue Glenora  
Ottawa K1S 1J5  
Fr. Jorge Lopez  
jotgelopez@gmail.com  
phone 613-569-0449  
fax 613- 235-9506

### WESLEY UNITED

31 Graham  
613-233-9227  
Sunday: 10:30 a.m.

## CELEBRATION CHURCH

### Small church, big happenings

BY JASON BYERS

'New' seems to be the operative word around Celebration! Church (C!C).

In August, it celebrated its relaunched service as it moved to a new room and time on the Saint Paul University campus.

The decision to move the main worship time from 5 p.m. to 10 a.m. was meant to make the service more accessible to families with children as well as those more comfortable attending church at a traditional time.

Consensus among attendees and members is that the new room (Normandin) and time have brought a certain freshness to the Sunday services. Many people appreciate having a lot of time after church for hanging out or relaxing before another work week.

The transition of summer to fall also brought three new babies into the C!C family. There was one new marriage, a new baptism and seven members tenderly released to other cities for new jobs or graduate programs. There was even a new monthly couples-night event. And that was just a little bit of what went on.

C!C continues to bring new crafts and fun to Celebration!Station at the Main Farmers Market. New events and ways to enjoy faith, family and community are just around the corner.

One final example of new stuff would be the Fall POiNTgroup (!groups) lineup. !Groups are the church's small group ministry which offers community-based gatherings on a smaller scale for the purpose of Bible study, support, encouragement and service.

They typically meet in people's homes, and the motto of these groups is 'small can be big' because of the significant role that they play in the lives of the members.

This fall there is a new marriage enrichment !group in addition to the church's regular groups. Also, for the first time, plans are in the works for a !group in the Old Ottawa East geographic area.

For details on all things C!C, whether events, service times, family ministry, !groups, etc., visit [www.celebrationchurch.ca](http://www.celebrationchurch.ca) or email [info@celebrationchurch.ca](mailto:info@celebrationchurch.ca).

## CALVARY BAPTIST CHURCH

### Power to change.

BY ROBERT MCROBERTS



PHOTO BY ROBERT MCROBERTS

Matt Trouborst (second from right) ministers among university students in Ottawa under the umbrella organization Power to Change.

Is there any force on earth that can rescue a life from destruction?

Is there any power strong enough to take a life careening toward self-destruction and transform it into a life of purpose and fulfillment?

"Absolutely" said Matt Trouborst. "I have seen it."

Trouborst was raised in Ottawa. He arrived back in this city less than a year ago to take up a position with Power to Change, a Christian organization reaching out to college and university students.

He obtained a degree in kinesiology in Waterloo. During his years there, he saw first-hand the quality of people involved with Power to Change and the results of their ministry.

So after a year as a kinesiologist in Hamilton, he became a full-time staff worker with Power to Change.

Toubrorst spoke of the emphasis placed on academics and athletics on campuses today.

"But the greatest needs, which are spiritual needs, are pushed aside," he said. "I want to engage students to investigate life's spiritual dimension. The biggest rut is living for the here and now instead of for the eternal. There is so much to distract from Christ."

Power to Change encourages people to follow the teachings of Jesus.

"I encourage everyone to investigate who Christ really is," Trouborst said. "There are a lot of wrong portrayals of Jesus. But check Him out and see if His message is worth following or not."

# OLD OTTAWA EAST FAITH COMMUNITY

## CANADIAN MARTYRS CHURCH

### Canadian Martyrs Parish Planning Retreat a Success

BY ALLAN MACGILLVARY



PHOTO BY HUGO LAMA

Jane Staples, along with Mary Boutette and baby Catherine, pull together ideas during the parish planning retreat.

Canadian Martyrs Parish held their planning retreat Saturday, Sept. 16, the second such event since the development of a parish plan in 2010.

A group of more than 20 parishioners and their pastor, Fr. Robert Smith spent most of the day reviewing

progress on the plan and discussing new or improved activities for the parish, under the capable leadership of parishioner and professional facilitator, Brenda Chartrand.

Canadian Martyrs Parish sees itself as an integral part of Ottawa East.

One of the three themes in both the parish plan and the retreat was how to build community. The ideas that flowed from this year's retreat will be presented to parish council later in the year for consideration and approval.

Among the successes that came from the previous year's retreat were a special 'Mass on the Grass' held in front of Immaculata High School in late June, and the well-liked 'Lunch and Learn' series, at which parishioners heard from interesting speakers over a light lunch served after Sunday Mass.

Among the more popular talks was a presentation from a parishioner recently returned from completing the Camino de Santiago de Compostela, the famed pilgrimage route in Northern Spain.

But it was not all business. A pizza lunch and refreshments were served. There was plenty of time for chatting and connecting among those who attended. One participant remarked she had come out of sense of duty but left feeling invigorated and much more connected to the parish community.

## GRACE COMMUNION INTERNATIONAL CHURCH

### A Season for Change – and a new location!

BY FRASER HENDERSON

It's been said that Autumn's the season for change, while I can't vouch for the absolute veracity of this statement I can say that there seems to be something about the season that makes one want to try something different. We here at Grace Communion have experienced some of that over the past summer. We've moved location and now have the pleasure off meeting in the building of our brothers and sisters at the Church of the Ascension on Echo Drive.

In the light of the positive changes and the providence that God has brought about we'd like to invite the community to join for a free concert on October 27 with Ross Jutsum. Ross Jutsum is the founder and president of State of the Heart Ministries and has over 35 years of professional experience as a musician. You can learn more about him at his website conveniently called [www.rossjutsum.com](http://www.rossjutsum.com).

Ross will be leading the worship in our usual church service at 11am. The concert will start at 2pm, October 27. We'll be having it in the sanctuary of the Church of the Ascension, 253 Echo Drive. Feel free to come a little earlier to join us for a potluck lunch or even join us for our service as well. We wish you an enjoyable fall and pray that whatever changes come your way are either expected or delightful surprises.

## PEACE LATVIAN CHURCH EVANGELICAL LUTHERAN CHURCH

### News from Peace Latvian Lutheran Church

BY ILSE ZANDSTRA

In early September, the congregation of Peace Latvian Lutheran Church welcomed its new pastor, Gundars Berzins and his wife Christy (Dzirkstite), newly arrived from Riga, Latvia.

Berzins serves here in Ottawa as well as at the Trinity Latvian Lutheran Church in Montreal. Both congregations hold regular church services in Latvian and sometimes in English.

"The Latvian community has welcomed us with open arms and warm hearts," said Berzins. His wife was impressed with the friendliness and helpfulness of everyone she met, whether a store clerk or government official.

They look forward to getting to know better the members of their two church communities as well as their new colleagues and neighbours.

Prior to answering the call of Peace Latvian, Berzins served for many years as pastor of a medium-sized church in Baltezers, Latvia. For nine years he was the administrative director of Lutheran Hour Ministries in Riga. He was also responsible for evangelical outreach in his local church.

In Latvia, Christy Berzins studied political science. She has served as youth leader in a Lutheran church in Valmiera as well as a coordinator for the Lutheran churches there.



PHOTO BY HUGO LAMA.

Ligita Miežitis (right) Chair of the church council welcomes Pastor Gundars Berzins and wife Christy (left).

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# Community Activities Group of Old Ottawa East (CAG)

## Le groupe d'activités communautaires du vieux quartier d'Ottawa-Est

### After school program at Brantwood Park field house

CAG is thrilled to announce the successful launch of the After School program at Brantwood Park field house! The program came together in the Spring in response to a request from the community. CAG program participants were contacted and invited to a meeting to determine the needs of the community. Overwhelmingly parents were looking for something that focused on lots of outdoor active play in the wonderful park setting.



Photo: Carol Workun  
After School kids enjoy the fabulous Fall weather and the great park. Pictured Ethan, Isla, Clara, Joshua, Per, Rowan, Katie, Ada, Ella and Katelyn. Missing from photo, Yusef and Isa.

Following the consultation with interested families the program runs from 3:45 to 5:45 p.m., children are in Kindergarten to Grade 4 and our maximum of number of children is 16. Our goal - to provide the younger child with a small group setting in the park near home. Our priority is active outdoor play in the wonderful park setting. Currently we are taking advantage of the park for games and sports, in the winter their will be lots of skating! The program picks up from the Hopewell bus but we have the capacity to pick up from one more bus if families from another school were interested.

#### A FEW SPOTS STILL AVAILABLE!

Check out the CAG website at [www.ottawaeastCAG.ca](http://www.ottawaeastCAG.ca) or call 613-230-0076

### P.D. Day program at Brantwood Park field house

Following the successful launch of the After School program CAG is now offering P.D. Day programming at Brantwood Park field house. The first one on Oct 5 was a great success. The next program is on November 16 as follows:

#### PD Days (Kindergarten – Grade 4)

Fun in the park, outdoor play, a community out-trip, games and crafts.

Brantwood Park field house,  
39 Onslow Crescent

#### November 16

Friday 8:30 a.m. - 4:00 p.m. \$45/day

After care 4:00 – 5:45 p.m., \$10/day



Photo: Carol Workun  
Children enjoyed Thanksgiving crafts at the October 5 P.D. Day program at the Brantwood Park field house. Thank you Irena Hribar Schmidt for leading the activity.

### Brantwood BBQ and Picnics

This Spring saw the launch of the very popular BBQ and picnic in Brantwood Park. Families, couples and friends gathered in the park to enjoy the start of our park season and reconnect with friends and neighbours after the winter. No one could have predicted the popularity of this weekly event that is sure to become a longstanding tradition in Old Ottawa East. The weather was not quite as accommodating in the fall when two of the four BBQ's were cancelled due to rain but be sure this popular event will be back in next Spring!



Photo: Carol Workun  
Thank you to Celebration! Church who volunteered at each of the weekly BBQ's and helped make the event such a great success

### Summer Camps in the Community

CAG had a wonderful second season of summer camps this past summer. A real highlight of the season was the partnership with community businesses and organisations. Our "In the Community" camp made walking trips to the Green Door restaurant where children learned about the wide variety of locally grown vegetables used in their food, took a tour of the restaurant (and were in awe of the size of the refrigerator and the volume of maple syrup!) and made Spanokopita. At Watson's Pharmacy and Wellness Centre they made lip balm and toured the compounding lab. Hopefully we inspiring future pharmacists (or at least a make-up mogul)!! To top off those great activities the children also visited the Children's Garden to learn about compost, worms and plants... Watch out for more such visits in upcoming programs.



Photo: Sarah Workun  
Children enjoy cookies from the Green Door Restaurant after their visit. CAG is very appreciative of their partnership with the Green Door Restaurant, Watson's Pharmacy and Wellness Centre and the Children's Garden. Thank you for your contribution to this camp!



## Notice of Open House Main Street Renewal Project

**Functional, Preliminary Design and Detailed Design:  
Main Street (Echo Drive to the Rideau River),  
Lees Avenue (Main Street to Chestnut Street), and  
Rideau River Drive (Main Street to 130m south of Main Street)**

Wednesday October 17, 2012  
6:00 pm to 9:00 pm  
Saint Paul University (Guigues Hall, Atrium)  
223 Main Street, Ottawa

### Project Description

The City of Ottawa is undertaking the Functional, Preliminary and Detailed Design for the renewal of Main Street and portions of Lees Avenue and Rideau River Drive (see map). The proposed works include the introduction, rehabilitation and/or replacement of various components of the street infrastructure within the right-of-ways. The project designs will have regard for the streets' various planned functions and the various community contexts along the project limits.

### Project Result and Timing

The project will result in the preparation and approval of detailed designs for the reconstruction of the streets. This includes the layout of the surface elements including sidewalk, cycling, transit and vehicle provisions, street lighting and streetscape improvements, and solutions for below-ground infrastructure. Methods to manage traffic and disruption during the construction period will also be recommended. It is anticipated that the designs will be completed by the end of 2013. Construction will occur in accordance with the City's capital planning decisions, in phases which are not yet determined.

### Public Involvement and Open House

A Main Street Design Working Group has been formed to guide the planning and design process. This group consists of a wide range of agency, community, and business stakeholders. General public input and comment will be welcomed throughout the project process. At this time all interested persons are invited to attend an Open House:

At the meeting, information regarding the study process, project objectives and existing conditions will be presented. City Staff and their consultants will be available to answer questions and engage in discussion. This meeting will provide an opportunity for participants to learn about the project and to provide comments in a casual environment. Comment/questionnaire forms will be provided for written comments.

### Environmental Assessment

The project is being planned to meet the requirements of Ontario's Municipal Class Environmental Assessment (EA) and the Canadian Environmental Assessment Act that may apply.

For further information or to provide comments, contact the City's project manager or the consulting team project manager at the addresses below.

#### Josée Vallée, P. Eng.

Senior Engineer, Infrastructure Projects  
Infrastructure Services Department  
Design and Construction Municipal East Branch  
City of Ottawa,  
100 Constellation Crescent, 6th Floor  
Ottawa, ON K2G 6J8  
josee.vallee@ottawa.ca  
Tel.: 613-580-2424 x 21805  
Fax: 613-560-6064

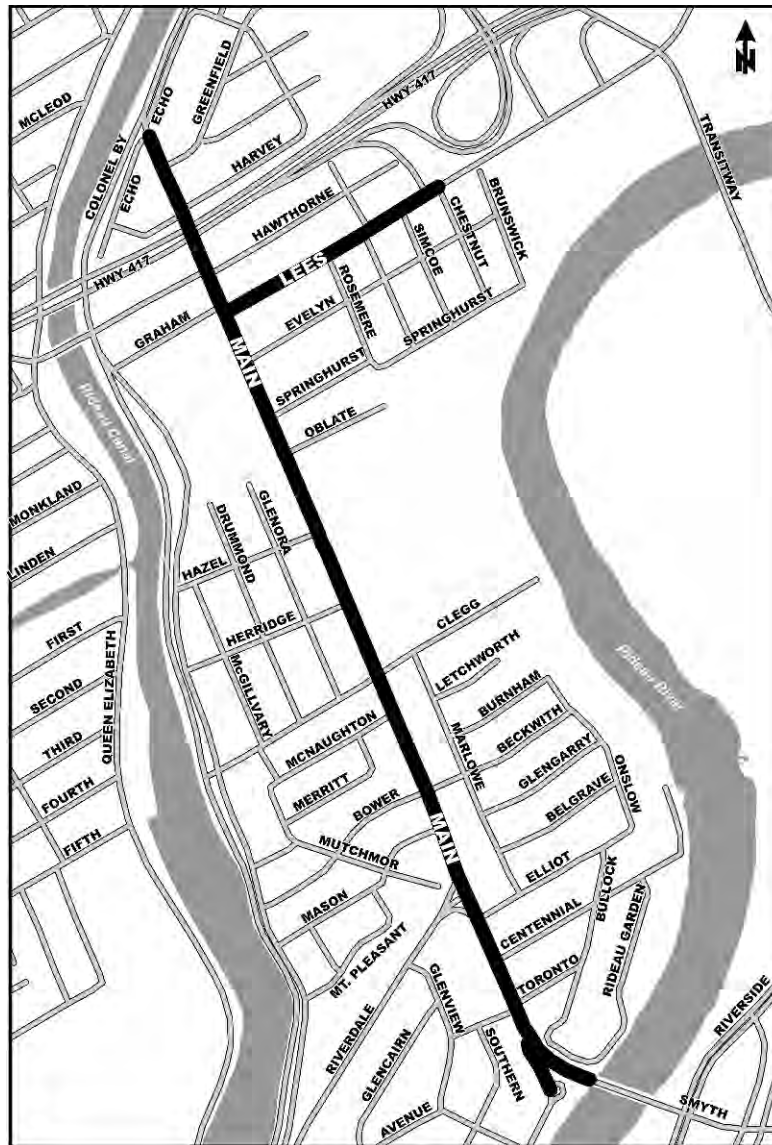
#### Ron Clarke, MCIP, RPP

Senior Principal, Manager of Planning  
Delcan Corporation  
1223 Michael Street, Suite 100  
Ottawa, ON  
K1J 7T2  
r.clarke@delcan.com  
Tel.: 613-738-4160 x5226  
Fax: 613-739-7105

## Avis de réunion portes ouvertes Projet de réfection de la rue Main

**Conception fonctionnelle, préliminaire et détaillée :  
Rue Main (de la promenade Echo à la rivière Rideau),  
Avenue Lees (de la rue Main à la rue Chestnut),  
Promenade Rideau River (de la rue Main jusqu'à 130 m au sud de la rue Main)**

Le mercredi 17 octobre 2012  
De 18 h à 21 h  
Université Saint Paul (atrium de la salle Guigues)  
223, rue Main, Ottawa



### Description du projet

La Ville d'Ottawa entreprend les travaux de conception fonctionnelle, préliminaire et détaillée pour la réfection de la rue Main et de certains tronçons de l'avenue Lees et de la promenade Rideau River (voir la carte). Les travaux proposés comprennent l'installation, la remise en état ou le remplacement de divers éléments de l'infrastructure routière situés dans les emprises. Les différentes fonctions prévues des rues et les différents contextes dans les limites du projet seront pris en compte.

### Résultat et échéancier

Le projet mènera à la préparation et à l'approbation de la conception détaillée des travaux de réfection des rues. Il s'agit de planifier les éléments de surface, comme les trottoirs, les pistes cyclables, les aménagements de transport en commun et de circulation automobile, les améliorations à l'éclairage et au paysage de rue, et des solutions pour l'infrastructure souterraine. Des méthodes permettant de gérer la circulation et les perturbations qu'occasionneront les travaux seront également proposées. On prévoit que les travaux de conception seront terminés d'ici la fin de 2013. Les travaux seront effectués en fonction des décisions de planification des immobilisations que prendra la Ville, selon des étapes qui restent à déterminer.

### Participation du public et réunion portes ouvertes

Un Groupe de travail sur la conception de la rue Main a été constitué dans le but d'orienter le processus de planification et de conception. Ce groupe est constitué de représentants de divers organismes, de la collectivité

et du milieu des affaires. Les membres du public sont invités à faire part de leurs commentaires pendant toute la durée du projet. Toutes les personnes qui le souhaitent sont par ailleurs invitées à assister à une réunion portes ouvertes.

Cette réunion permettra de présenter de l'information concernant la démarche adoptée, les objectifs visés et les conditions actuelles. Des employés de la Ville et leurs conseillers seront disponibles pour répondre aux questions et prendre part à la discussion. Cette réunion permettra aux personnes présentes d'en savoir davantage sur ce projet et d'émettre leurs commentaires dans une ambiance informelle. Des formulaires seront disponibles pour les personnes souhaitant émettre des commentaires par écrit ou répondre à un questionnaire.

### Évaluation environnementale

La planification du projet est effectuée conformément aux exigences du processus d'évaluation environnementale (ÉE) municipale de portée générale de l'Ontario et aux dispositions pertinentes de la Loi canadienne sur l'évaluation environnementale.

Pour obtenir plus d'information ou formuler des commentaires, veuillez communiquer avec le gestionnaire du projet de la Ville ou avec le gestionnaire de projet de l'équipe de consultation aux coordonnées suivantes :

#### Josée Vallée, ingénieure

Ingénieure principale, Projets d'infrastructure  
Services d'infrastructure  
Conception de Construction municipales - Est  
Ville d'Ottawa  
100, croissant Constellation, 6e étage  
Ottawa (Ontario) K2G 6J8  
josee.vallee@ottawa.ca  
Tél. : (613) 580-2424, poste 21805  
Télec. : (613) 560-6064

#### Ron Clarke, MCIP, RPP

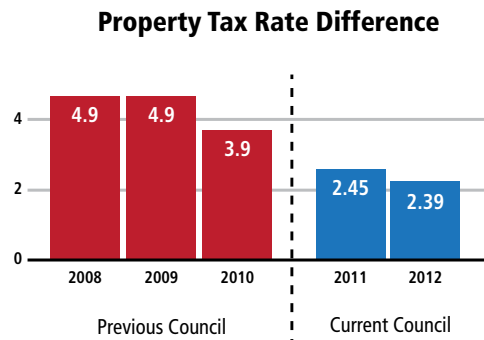
Premier directeur principal,  
Directeur de la Planification  
Delcan Corporation  
1223, rue Michael, bureau 100  
Ottawa (Ontario)  
K1J 7T2  
r.clarke@delcan.com  
Tél. : (613) 738-4160, poste 5226  
Télec. : (613) 739-7105



# Mayor Jim Watson

## Mid Term Progress Report to Taxpayers

### Budgets: Keeping rates below 2.5%



- Recreation fees frozen
- \$14 Million to fight poverty and build new affordable housing
- Ottawa on the Move – A citywide transportation initiative to build and improve our roads, sidewalks and cycling network

### Lansdowne Park Revitalization



- Work has begun to revitalize Lansdowne Park
- CFL and pro soccer franchises secured
- Significant increase in green space and trees
- FIFA Women's World Cup in 2015

### Transit



- Light Rail tenders are out: Contracts to be signed in December; Construction to start in 2013
- Four-year labour deal signed with OC Transpo
- Expanding O-Train service
- New Double-Decker buses
- Lower fares for seniors
- U-Pass made permanent

### Tourism



- Sports Hall of Fame, Rink of Dreams and Barbara Ann Scott Gallery opened at City Hall
- Aggressive plan to attract major events:
  - » NHL All Star Game
  - » JUNO Awards
  - » Women's World Hockey Championship
  - » Men's Basketball Championship
- Canada's 150<sup>th</sup> Anniversary Task Force created

### Safe Communities



- Public satisfaction rate of 81% for quality of police services
- Violent crime rate down 5% between 2010 and 2011
- Named Canada's best place to live by MoneySense magazine

# Rumoured papal candidate **Cardinal Peter Turkson** visits Saint Paul

BY DIANE SCAIFF



PHOTO BY DIANE SCAIFF

Cardinal Peter Turkson, President of the Pontifical Council for Justice and Peace in Rome, visited the University of St. Paul at the end of September to give one of the keynote addresses at the conference, "Vatican II for the Next Generation". He was awarded an honorary doctorate by Saint Paul University. Some Vatican watchers have touted Cardinal Turkson as a possible candidate for the next pope of the Roman Catholic Church.

Cardinal Peter Turkson, currently President of the Pontifical Council for Justice and Peace at the Vatican in Rome and heavily favoured to become the next pope, visited the Saint Paul University at the end of September to give one of the keynote addresses at the conference on Vatican II for the Next Generation.

Cardinal Turkson gave a speech entitled 'Vatican II: a Council of Peace and

Justice.' The university bestowed on him an honorary doctorate.

Later, at a press conference, he answered questions in fluent French and English, two of the half dozen languages he speaks. If he had hoped to avoid controversy however, he was out of luck. A graduate student pressed him on the role of women in the church.

The cardinal said the role of women had improved a bit in the church and society but went on to suggest limits.

He saw women in their role as parents and said they were critical in educating children and leading worship in the absence of priests.

Many Catholics have felt the promise of Vatican II, the effort in the 1960s to address the Catholic church's relationship to the rest of the world, has failed.

In a private interview, the cardinal said there had been expectations that Vatican II would open the church to all sorts of changes but that had not been the intention.

He said the issue had been "how does a Christian with his faith engage with the social order... how do we do politics?"

He pointed out that a number of offices concerning social justice and ecumenism had been created in the past 50 years in answer to questions from Vatican II.

**Make every Saturday your**  
**MARKET**  
**Saturday**

**OPENING DAY**  
**MAY 5, 2012**  
*SEE YOU AT THE MARKET!*

**OPEN Saturdays**  
**9 - 2 until October 27th**  
 beside St. Paul University  
 on Main Street

# Community Activities Group (CAG) – Late Fall Programs

Registration is ongoing at [www.ottawaeastCAG.ca/registration](http://www.ottawaeastCAG.ca/registration) or in person at the Old Town Hall, 61 Main Street  
Office Hours: Monday - Thursday 1:00 - 9:00 p.m., Friday 1:00 - 5:00 p.m.



## AFTER SCHOOL AND PD DAYS

### Brantwood Park After School (Kindergarten – Grade 4)



Program follows OCDSB calendar, from 3:45 – 5:45 p.m.  
Brantwood Park field house,  
39 Onslow Crescent.  
\$180/month  
Part-time/occasional spots may be available, space permitting - check website.

### PD Days (Kindergarten – Grade 4)

Fun in the park, outdoor play, community out-trips, games and crafts.  
Brantwood Park field house,  
39 Onslow Crescent  
**November 16**  
Friday 8:30 a.m. - 4:00 p.m.  
\$45/day  
After Care 4:00 – 5:45 p.m.,  
\$10/day

## INDOOR CHILDREN'S SPORTS

### Indoor Soccer Skills (4 – 9 years)

For the keen soccer player who wants to continue through the winter months.  
Lady Evelyn Alternative School, 63 Evelyn Avenue.  
**November 1 – December 13 (6 weeks)**, no program November 15  
Thursday 6:00 – 6:50 p.m. (4 – 6 years), \$53  
Immaculata High School, small gym, 140 Main St  
**November 7 – December 12 (6 weeks)**  
Wednesday 6:00 – 7:00 p.m. (6 – 9 years), \$53



### Youth Sports (10 – 14 years)

Basketball, badminton and more are on the rotation in this program. Basic instruction provided.  
Lady Evelyn Alternative School, 63 Evelyn Avenue.  
**November 1 – December 13 (6 weeks)**, no program November 15  
Thursday 7:00 – 8:00 p.m., \$53

## CHILDREN'S ART

### Abstract Art Experience (4 - 10 years)

Lots of creative fun for children that have abstract art experience, as well as those without.  
Brantwood Park field house, 39 Onslow Crescent  
**October 20 – November 10 (4 weeks)**  
Saturday 1:00 – 2:30 p.m. (4 – 6 years)  
Saturday 3:00 – 4:30 p.m. (7- 10 years), \$70



## BIRTHDAY PARTIES



### Want to book a birthday party? CAG has lots of options for you!

Both the Old Town Hall and the newly renovated Brantwood Park field house are available for birthday parties, with a variety of options offered from a do-it yourself party to a full party package. Details online at [www.ottawaeastCAG.ca](http://www.ottawaeastCAG.ca).

## ADULT PROGRAMS

### Women's Indoor Recreational Soccer

Skills session followed by games with/without goalkeeper.  
Immaculata High School – small gym, 140 Main Street.  
**November 7 – December 12 (6 weeks)**  
Wednesday 7:30 – 9:00 p.m. (beginner/intermediate), \$48

### A Taste of Abstract

Unleash your creative juices and try abstract art. At the end of the course you will have produced a piece you will be proud to hang at home.  
Brantwood Park field house, 39 Onslow Crescent.  
**October 15 & October 22 (2 weeks)**  
Monday 8:00 p.m. – 9:30 p.m., \$40

### Games Afternoon

Idle chit-chat, baked treats and steaming mugs of tea or coffee are the order of the afternoon. If you like games, join your neighbours for cards, scrabble, backgammon....  
Brantwood Park field house,  
39 Onslow Crescent  
**October 3 – December 5 (10 weeks)**,  
Wednesday 1:00 – 3:00 p.m., \$22 or \$4 drop-in fee.



## EVENTS

### Gingerbread House Party!

Spend the afternoon up to your elbows in candy, royal icing and gingerbread.  
Brantwood Park field house, 39 Onslow Crescent.  
**Saturday, December 15**  
1:00 – 3:00 p.m., \$25 per house

### Halloween Party (5 – 10 years)

Come in your costume for Halloween fun, music, games, and prizes.  
Brantwood Park field house, 39 Onslow Crescent  
**Friday October 26**  
6:30 – 8:00 p.m., \$10



### Winter Art Sale

Come and enjoy the work of local artists; take home something you will treasure for many years to come.  
Old Town Hall, 61 Main Street  
**Vendors:** Space is available for \$25 to artists selling their own work.  
**Saturday, November 17**  
10:00 a.m. – 4:00 p.m.  
Admission FREE

More detailed program descriptions and registration at [www.ottawaeastCAG.ca](http://www.ottawaeastCAG.ca)

# ARTISTS' CORNER

## St. Cecilia Singers strive for excellence

BY TANIS BROWNING-SHELP



Three Old Ottawa East residents, all members of The St. Cecilia Singers of Ottawa. From left to right: Patsy Royer, Carol Alette and Emmy Verdun. They share a joy of music and the goal of sharing music with their community.

PHOTO BY TANIS BROWNING-SHELP

The St. Cecilia Singers of Ottawa, a 19-voice a cappella choir, strives for excellence in the performance, camaraderie and joy of making and sharing music. Three of their singers hail from Old Ottawa East.

Patsy Royer, Carol Alette and Emmy Verdun share a serious commitment to the choir, which takes its name from the patron saint of music.

St. Cecilia was formed in May 2006 as an intimate group of four singers. Conductor John Gallienne wanted to try music for a double choir (six to eight parts). Word spread and the membership grew.

"They still wanted to keep that intimate feeling, so they developed a constitution to hold the number of members to around 20," Royer said.

The choir performs two large concerts a year, as well as many outreach concerts at nursing homes.

"We believe in sharing music with our community," Verdun added. "Plus working towards the goal of a performance makes you more serious."

### "THESE PEOPLE ARE PASSIONATE ABOUT MUSIC. THEY EXUDE ENTHUSIASM."

The choir practices for two and a half hours every Monday evening

"Our rehearsals are really well-organized," said Royer. "There is no wasted time. We work hard and have fun."

"You have to do your homework, learning the notes ahead of time," Verdun explained. "John has a spreadsheet of pieces to rehearse. You are expected to have your music in order. There is to be no ruffling of sheets. These people are passionate about music. They exude enthusiasm."

The choir has an eclectic repertoire, both sacred and secular, with music ranging from Gregorian chant to 20th and 21st-century composition.

"We have performed pieces by American composer Eric Whitacre and by the University of British Columbia's

Head of Composition Stephen Chapman," said Royer. "We have sung in several different languages, including doing an entire concert in German. We were invited to perform at the German Embassy. And last April, we performed a song in Estonian called Onnison Inimene (Blessed is the Man) by Cyrillus Kreek. Sometimes we are accompanied by a harp, double bass or oboe to add texture."

"The music is a challenge; the level of difficulty is quite high," said Alette. "You have to be on your toes the whole time!"

"The choristers need to feel comfortable enough with their parts not to stand in voice groups," said Royer. "The blend is better if you're not grouped."

Verdun joined the choral group five years ago, before the other three Old Ottawa East members. Royer, the choir's current president, has been a member for four years. Alette joined in October of 2011.

"We are a diverse group and we really enjoy one another," said Royer. "Our youngest chorister is in her 20s. Some of us are retired, some have careers and some have brought babies to rehearsals. We come from all over the city and have different backgrounds and beliefs (Catholic, Anglican, Jewish and Agnostic). Many of the group's current members sing in two or three other choirs as well. In fact, several sing in the choir of St. John the Evangelist Anglican Church where we hold our regular weekly rehearsals."

The St. Cecilia Singers have patrons who support their music, but the choir also raises funds through their concerts. Members also pay dues, which cover practice hall rental fees and sheet music purchases (which remain in the choir's library).

The choir is looking for new members: an alto and a bass. Candidates will be auditioned and must be able to read music well, hold their pitch and carry a part. If you are interested in joining this group, contact them at [saintceciliasingers@gmail.com](mailto:saintceciliasingers@gmail.com).

You can hear a sample of them performing on their website at <http://www.stceciliasingers.ca>. The group's next concert, Lest we Forget, will be performed on Saturday, November 17, 2012 at Saint Paul University Chapel, 223 Main St. The performance will start at 8:00 p.m. Tickets will be \$20 at the door, \$10 for students.

## GREEN DOOR EXHIBITIONS

### SEPTEMBER 30 – OCTOBER 27 PAINTINGS FROM H'ART OF OTTAWA

H'Art of Ottawa is a unique and innovative art studio where self expression and a sense of place are encouraged and celebrated for people with developmental disabilities. Through the common language of art and self expression, the artists of H'Art contribute to the community and the cultural life of the city. For further information, visit: <http://www.hartofottawa.ca>

### OCTOBER 28 – NOVEMBER 24 THERESA SUTTON

Theresa Lorraine Sutton is an emerging visual artist with an academic background in Earth Sciences and Fine Arts. She is currently pursuing a diploma in Fine Arts from the Ottawa School of Art. She draws her inspiration from nature, classic movies, quarter-life angst and a love for experimenting with various mediums. As a passionate sketch artist she can usually be found roaming around downtown Ottawa with her tackle box of supplies and an awkwardly large pad of newsprint. For further information: <http://www.theresalorraine.tumblr.com>

### NOVEMBER 25 – DECEMBER 23 HELEN WEAVER

Photography by the co-owner of the 3Trees import store. Helen will exhibit photographs from her recent visits to Europe (Rome and Venice) and Asia (India and Nepal). For further information: Helen Weaver: 613-230-0304 or [helen3trees@gmail.com](mailto:helen3trees@gmail.com)

# AROUND THE NEIGHBOURHOOD

## St. Paul University has a five-year plan

BY DIANE SCAIFF



PHOTO BY DIANE SCAIFF

Saint Paul University is sporting a fancy new look these days as part of its new plan to double the size of its student body over the next five years

Observant Mainstreeters may have noticed the sign in front of St. Paul University has changed.

The new logo consisting of an S and P inside a stylised U is part of the university's rebranding. Last year, there were 600 students. The university's goal is to double that number in five years.

The logo is the least of the changes. There are new courses and St. Paul is emphasizing its bilingual nature in an effort to attract more students. Some have come from as far away as Toronto to attend. Another goal is to attract more CEGEP students from Quebec.

While registration was not complete in September (students could register for courses even after Sept. 15), there was an 20 percent total increase in students over last year and a 27 percent increase in CEGEP students. At that rate, St. Paul could achieve its five-year plan on schedule.

There were 70 international students from elsewhere in North America as well as Africa and Asia. The rest were local, coming from Ontario and Quebec.

### WHY ST. PAUL UNIVERSITY?

The small, discussion-friendly classes and the opportunity to get to know professors attract students. Students not only have access to the USP library, but also to that of the University of Ottawa. They can take some courses at the U of O. Students from the larger universities can attend

St. Paul to study conflict resolution.

A shuttle travels between U of O, USP, and Carleton every 20 minutes during the day. This is not only convenient for students accessing libraries and classes in other universities, but also for students living in the USP residence. Students from any of the city's three universities can live in the 184-bed residence. All but one bed had been booked in September.

This year, the Student Success Centre has opened to provide USP students with counselling, academic writing and help for other issues impacting academic achievement.

### SEPTEMBER EVENTS

The "Vatican II for the Next Generation" conference was coming to USP for three days in September as part of the 50th anniversary celebrations of the Second Vatican Council. This gathering was intended to reflect on the teachings of Vatican II, the meetings that looked at the Roman Catholic church's relationship with the rest of the world and which resulted in such changes as mass given in English instead of Latin, greater lay participation and an awareness of the need to adapt to the modern era. Courses such as "Society and Communications" at St. Paul are an example of this influence.

At the end of the month the film "Across the Divide" was to be screened. This documentary is about Bethlehem University, a Catholic institution in Palestine.

## OECA: many challenges for community this fall

BY JOHN DANCE

Many important issues, including development proposals in the Archville area, constitutional change, Main Street redesign and the Alpha Food attacks, were discussed at the September meeting of the Ottawa East Community Association.

Coun. David Chernushenko announced a planned October meeting to discuss "inappropriate infill." The meeting comes in the wake of numerous complaints to his office and OECA about proposed development in the area south of Lees Avenue and east of Main Street.

It will allow residents to express concerns, learn more about city priorities and processes for new development, and talk about what can be done to make development compatible with existing neighbourhoods.

### CONSTITUTIONAL ISSUE

After a year of work and discussions at OECA, vice president Jaime Girard explained the proposed new constitution and bylaws. As noted earlier in a Mainstreeter article, the changes were proposed to modernize some of the rules that govern meetings.

Much of the discussion focused on the proposal to have regular monthly meetings clearly described as board meetings where only those members elected at the association's annual general meeting would be allowed to vote. The current constitution is somewhat ambiguous on this issue. Long-time association stalwart Heather Jarrett argued that monthly meetings should be general meetings where any member in attendance would be able to vote.

Girard said the board meeting proposition was the practice in Old Ottawa South and Glebe community associations. She also noted that all members in attendance would vote at annual and special general meetings, the latter being held when required

at the request of members. She made clear that under the proposals all board meetings would be open to the membership. Proposed changes to the constitution will be voted on by all OECA members at the Nov. 13 annual general meeting.

### MANY CONSULTATIONS

Chris Osler of the Sandy Hill Community Health Centre outlined proposed improvements to Springhurst Park. The work, driven and funded by SHCHC, the Ottawa East Community Activities Group, the city and others, will expand play equipment, provide more seating and other amenities, and see additional trees planted.

Several members, including Michael Oster, volunteered to follow up on the Alpha Food attacks that saw the owners of the convenience store at Main and Hazel streets assaulted in two separate incidents. The story was reported in the previous issue of the Mainstreeter. The efforts will include approaching the principal of Immaculata High School and meeting with the Ottawa Police Services.

"Consultations on Main Street / McIlraith Bridge reconstruction are about to begin in a big way," noted Ron Rose, transportation director. He also reported that the eastbound 417 on-ramp at Lees Avenue will not be closed for Queensway widening work until next spring. In a further update, it was reported the city had provided funding for the installation of traffic calming measures, including speed bumps, for Hawthorne Avenue east of Main Street.

"More shoppers are needed to keep our wonderful Main Farmers' Market going. Please shop here and encourage other to do so," SLOE representative Vicki Davis noted. Additional details on OECA issues, including development proposals and the constitution, can be seen at <http://www.ottawaeast.ca/>.

## Want more?

VISIT WEB EXTRAS AT [WWW.MAINSTREETER.CA](http://WWW.MAINSTREETER.CA)  
FOR A LONGER VERSION OF THIS ARTICLE"

# AROUND THE NEIGHBOURHOOD

## OUR NEIGHBOURS: Laura, Ava and Addie Cumminger

BY BONNIE WEPPLER



King's Landing-area residents lost a fine neighbour when Old Ottawa East resident Laura Cumminger, and her dogs Avia and Addie, moved to Vancouver

PHOTO BY BONNIE WEPPLER

You likely saw Laura Cumminger around the neighbourhood, even if you hadn't actually met her.

First clue to knowing the tall young woman with long hair walking toward you was Laura: she was accompanied by her two puggles, Ava and Addie. (A pug is a dog cross-bred between a beagle and pug.)

Second clue: since March 2009, Laura wore a path between her apartment on Echo Drive – between Main and Harvey – and The Green Door. She worked at the landmark restaurant first as a dessert baker, then as a manager.

Laura moved to Echo Drive in May 2008. She liked to tell the story of finding her perfect home.

"I was looking for a place to move to, after having lived for two years with friends on the other side of the canal. I was over there, looked across the canal to Old Ottawa East and thought, 'that's where I want to be'."

She took a walk to the Old Ottawa East side of the canal, found a second-

storey apartment on Echo Drive and lived there happily.

She said one of the best perks of her apartment was that it looked directly onto the Rideau Canal. It also helped that the apartment was just a short walk away from the Loblaws on Isabella.

"I'm always baking and cooking," Laura said, "and I don't drive. It's handy to be so close to the grocery store".

In April 2009, Laura adopted Ava. The two could often be seen along the Rideau River, where Ava quickly learned she was not a pug but a fish. She loved to swim.

In September 2010, Ava got a sister: Addie. Initially, there were some fights as the two determined who was going to be the boss.

Later, they mostly spent the day wrestling and sleeping together.

You could walk by their apartment and look up and see the dogs in the window, stretched out on top of the sofa, monitoring the world as it passed below them. Then Laura moved the sofa.

Laura graduated with a BA in psychology and religious studies from the University of Ottawa in 2010. A year before, she started working at The Green Door as a dessert baker.

"I knew that I wanted to bake, so I went to The Green Door and essentially begged them for a job as I had no real experience," she said.

It was a good risk on the part of The Green Door. If you have tasted any of their delicious and satisfying cakes, pies, squares or cookies, chances are that you have enjoyed the fruits of Laura's sweet labours.

The work of a dessert baker at The Green Door requires a 7 a.m. start. Mix up the cakes – banana chocolate chip was Laura's favourite – make the sweet leaves and squares and cookies. Finish up the morning by making the cheesecake, icing the cakes made earlier, and then prepping various food for the next day. Before heading home, enjoy lunch on the house.

In October 2011, Laura was promoted to a manager position. She learned to

do all of the restaurant's work: cook, prepare salad, handle cash and place orders. Even with this promotion, she was able to hold on to her first love, baking, one day each week.

When she found she had to leave her beloved Echo Drive apartment, she decided that if she couldn't stay there, she would try something totally different. So, she decided to move closer to the ocean and to a more temperate climate..

Laura will make a new home for herself, Ava and Addie this fall in Vancouver.

Her new apartment doesn't look on the Rideau Canal, it does have a view of the mountains. One of the perks of the new place – apart from that view – is the presence of a dog trainer directly below. Ava and Addie will be going to school.

Laura planned to look for a job as a baker, of course. The people of Vancouver will soon enjoy the sweet goodness she creates. All the best, Laura!

A blue circular logo with white text that reads "2ND ANNUAL MAIN FARMERS MARKET PHOTO CHALLENGE". The background of the entire page is a photograph of various pumpkins and gourds at a market stall.

## 2ND ANNUAL MAIN FARMERS MARKET PHOTO CHALLENGE

# WANTED:

## YOUR PHOTOS OF THE MAIN FARMERS MARKET

The second annual Main Farmers Market Photographic Challenge has begun!

We want your photographs of the Market's 2012 season (Saturdays from 9:00 a.m. to 2:00 p.m., May 5 - October 27) for a special exhibition. Submit your best work to the Green Door Restaurant by November 15, 2012. People of all ages are welcome to participate.

The best photos will be exhibited at the restaurant throughout the month of May, 2013, to coincide with the opening of the 2013 Main Farmers Market. Prizes will be awarded and proceeds from the photographs sold will go towards a local community project to be announced.

### TO ENTER THE PHOTOGRAPHIC CHALLENGE:

- take a high-resolution photo at the Main Farmers Market;
- print the photo in at least an 8" X 10" format (in black and white or colour);
- frame and mat the print using a glass-fronted frame or laminate the print onto a stiff backing;
- include the photographer's name, age (optional) and phone number;
- include the title of the photograph; and
- deliver the framed, or laminated, ready to hang photograph to the Green Door Restaurant at 198 Main Street, Ottawa, Ontario between now and November 15, 2012.
- The loan of a mat-cutter is available to aid in the framing process.



# AROUND THE NEIGHBOURHOOD

## Safe parkway crossings still delayed

BY JOHN DANCE



Cyclists wait at the Clegg - Colonel By intersection trying to find a gap in the morning rush hour traffic.

PHOTO BY JOHN DANCE

Two years after the National Capital Commission's final report on safe pedestrian crossings of the Rideau Canal parkways, progress on the issue remains slow.

"It is too early for public statements about specific recommendations, subsequent implementation plan or work," said NCC spokesman Cédric Pelletier.

Old Ottawa East and neighbouring communities have lobbied for decades for safer crossings. Six years ago, the NCC began a review of 16 locations along Colonel By Drive and Queen Elizabeth Drive where pedestrians and cyclists try to cross the parkways to access the canal paths.

The report took the NCC four years to complete, even with community participation.

Authorities recommended the four busiest crossings - Colonel By at Clegg and at Hartwell Locks, and Queen Elizabeth at Fifth and at Commissioners Park/Dow's Lake - for improvements. But there were no public recommendations for any of the other 12 locations where people regularly cross the parkways, such as at the steps from Riverdale-Echo leading to the Colonel By.

### SOME PROGRESS

The proposed footbridge across the canal between Clegg Street and Fifth Avenue also comes up short on the matter of safe parkway crossings.

The city's recommended design would span Colonel By Drive itself

and land between Colonel By and Echo Drive just north of Clegg. Pedestrians could access the bridge by stairwell or a switch-back ramp.

The bridge would provide for safe parkway crossings at Clegg and Fifth. However there would be no direct link from the Colonel By bike path to the footbridge.

Many residents believe the city should address safe crossing alternatives as soon as possible, regardless of progress on the bridge.

"Pedestrians and cyclists from Old Ottawa East take their lives in their hands each time they try to cross Colonel By Drive," said Ron Rose, the Old Ottawa East Community Association's transportation director. "I have frequently waited for long periods of time for the opportunity to cross from Clegg Street to the multi-purpose pathway beside the canal. People cycling to work face especially long waits as traffic streams north towards the Pretoria Bridge. The poor sight lines looking south make it even more dangerous, as unseen vehicles can be upon you in a matter of seconds."

The city is proposing two options for a signalized crossing of Colonel By at Clegg. The first is a pedestrian-activated signal. There would be only one crosswalk: across Colonel By, north of Clegg.

The second option is a fully signalized intersection. All directions of vehicular traffic would be under the control of the traffic signal. Crosswalks would be provided on all legs.

The city is proposing similar choices for the Queen Elizabeth side of the proposed bridge.

The NCC also has plans to improve the busy crossing at Hartwell Locks by Carleton University.

"The NCC teams expect to show progress on this work in 2013 and will communicate it to residents," Pelletier said.

## Community Activities Group of Old Ottawa East (CAG)

### Le groupe d'activités communautaires du vieux quartier d'Ottawa-Est



### Hallowe'en Party (5 - 10 years)

Come in your costume for Hallowe'en fun, music, games and prizes!!

Brantwood Park field house, 39 Onslow Crescent

Friday, October 26

6:30 - 8:00 p.m.

\$10, pre-registration required

More information at [www.ottawaeastCAG.ca](http://www.ottawaeastCAG.ca)

# AROUND THE NEIGHBOURHOOD

## Strathcona "595" Legion Branch News

BY GEORGES WINTERS

Strathcona is quickly approaching its first anniversary at its new location at 1940 Bank St. just south of Walkley Road.

Attendance was low after the grand opening last November but things picked up rapidly afterwards.

Branch membership has grown by about 45 percent and continues to grow.

The annual Robbie Burns Dinner in January was a huge success and had the largest turnout since the branch first started to celebrate the Scottish bard.

This summer saw the first open darts night as well as euchre and cribbage

card nights. All were well-attended and contributed to the best summer months operation the branch has had in the last decade.

There will be a Halloween costume dance and a sit-down New Years Eve

dinner and dance. On Dec.12, 2012, (12-12-12) the chaplain will preside over a group wedding in a non-denominational civil ceremony to celebrate this once-in-a-millennium occasion.

For further information on weddings please contact the branch at 613-236-1575 or our chaplain at 613-219-4919.

### COMING EVENTS

#### SEPTEMBER:

September is the start of the branch's events year. Check out the web site at [www.rc1595.com](http://www.rc1595.com) for the latest news and information. September marks the beginning of the dart and bowling leagues, afternoon card clubs and Friday night dinners and entertainment.

On Sept. 15, the branch was to hold its 50th anniversary dance and the next day begin the annual Legion Week events. A golf tournament and

steak dinner were planned for Sept. 18, Honours and Awards Sept. 19 and steak dinner and entertainment on the 21st.

#### OCTOBER:

This year the annual poppy campaign starts on Oct 26. The Legion is asking for public participation with the year's major fund-raising event. Volunteers do not have to be members of the Legion to participate in the campaign. Even half-day contributions make huge differences in the success of the campaign. For further information please contact the branch 613-236-1575 to leave name and contact information.

#### NOVEMBER:

Nov. 4 will mark the fifth Strathcona Remembrance ceremony parade.

In keeping with the legion's mandate of being community oriented, the Shetland Navy Cadet Marching

Band from Dow's Lake will lead the commemorative Parade of Veterans with detachments of GGFG Army Cadets and the Shetland Sea Cadets. For the first time, the branch invited first responders to send a small contingent to participate in the ceremony. An important force in our community, the branch felt they should be recognized.

The parade will form in the parking lot of St. Paul University at about 10:25 a.m. and proceed to the Brantwood Gates on Main Street for a 10:55 ceremony that will finish about half an hour later and parade back to St Paul. Local political representatives will again be invited to participate. This ceremony is held yearly to commemorate men and women of Ottawa East, Rideau Gardens, Brighton and parts of the Glebe and Sandy Hill who died as soldiers. The Legion encourages the public to commemorate their sacrifice on Sunday, Nov. 4, 2012 and to come to the branch afterwards.



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# OUR NEIGHBOURHOOD



JOSIFINE YACKSMITH



LUCY MORRISSEY



KABRIYA COGHLAN.

For the first time in its history, *Mainstreeter* had three summer interns from local university and community college journalism schools. All three have strong ties to Old Ottawa East.

## Summer Delight - Three Interns Writing with Passion

BY JOHN DANCE

This summer, three university students demonstrated their investigative and writing talent through diverse articles for the *Mainstreeter* print and web editions. The students - Kabriya Coghlan, Lucy Morrissey and Josefine Yacksmith - shared their passion for writing and discovered the pleasures of pursuing assignments in Old Ottawa East.

### KABRIYA COGHLAN

Kabriya Coghlan, a student in the second year of Carleton University's Bachelor of Journalism program, sought the internship for its neighbourhood focus.

"I really enjoyed the on-the-street aspect of some of the stories I worked on, getting to go out and talk to people to get fresh opinions," Coghlan said. "It was a great way to get various perspectives and a neat reporting experience."

Coghlan lived on Glenora Street the past four years and had come to know both the newspaper and its connection to readers.

"I've been aware of the *Mainstreeter* for a while, living in the area, and I liked the idea of a local newspaper that focused on issues that would be of interest to the specific neighborhood and affected residents," she said.

Her *Mainstreeter* stories included reporting on the impact of Canada

Post modernization, the renovations of the Rideau East Apartments and the Pretoria Bridge bike lanes.

Coghlan said she didn't have specific future plans beyond finishing her degree and pursuing work in the media.

"I enjoy writing and I enjoyed this experience reporting and could definitely see myself pursuing newspaper journalism," she said.

### LUCY MORRISSEY

Last year, Lucy Morrissey chose Old Ottawa East as the community she wanted to profile for a class assignment. She was struck by a certain vibrancy.

"It's apparent just strolling through the streets of Ottawa East that community members are active," she said. "They cycle, use the trails or visit the park."

Morrissey submitted the profile to *Mainstreeter* editor Joseph Zebrowski, who invited her to be a summer intern.

"I was certainly interested as I wanted to expand my profile," Morrissey said. "Volunteering for the *Mainstreeter* was also something I felt I could juggle while working this summer."

Her articles included an *Our Neighbours* profile, Carol Workun's award from the Sandy Hill Community

Health Centre and the Bell Canada work on Springhurst Avenue.

"It's always a pleasure to meet new people and learn new things," Morrissey said, of her assignments. "I met some interesting and impressive Old Ottawa East folks writing and reporting this summer. I had enough direction from Joseph, which I appreciated, to get started on the *Mainstreeter*. All in all, it was an opportunity that I am grateful to have had."

Lucy will graduate next spring, receiving her baccalaureate at the University of Ottawa and Algonquin College. She was unsure of where she would go after graduation, however.

"I feel there is endless opportunity," she said. "I would love to try as many different things as possible in journalism. I plan on doing feature writing and magazine work mostly. I'd also like to test the waters doing broadcast for television. Eventually, I'd love to write a fiction novel - it's always been goal of mine. No matter what though, I will continue to write."

### JOSEFINE YACKSMITH

Josefine Yacksmith always considered journalism to be a career possibility even though she didn't study it at university.

A graduate of the Humanities program at Carleton, she moved to Paris last year, taught English for six

months but realized teaching was not what she wanted to do.

She contacted *Mainstreeter* editor Joseph Zebrowski and started contributing both articles and photographs.

"I've really enjoyed it so far," she said, during the summer. "Also, my family has lived on Simcoe Street for about 17 years so it's nice to get involved and help build such a great volunteer-run paper."

"I wrote a story on snapping turtles, and on dog poop, which was an interesting combination of subjects," she added. "Both subjects are interesting and relevant to me, so I enjoyed writing them. As for the turtle story, I think it's important to inform the public about the local wildlife so everyone can respect and conserve the natural beauty we are lucky to have in the area."

A world traveler who speaks several languages, Yacksmith moved to Montreal this fall. She planned on pursuing graduate studies but was not yet sure of the discipline.

"I think it's important to really be careful about choosing what area you want to pursue, instead of simply going to school for the sake of going to school and maybe wasting time and money," she said.

# NEWS



Drummond Street residents Fred Simpson and Rowan Aird launch a canoe into the canal over the locked skateway gate.

PHOTO BY JOHN DANCE

## NCC Says No to Paddlers' Rideau Canal Access

BY JOHN DANCE

The National Capital Commission isn't keen to allow Old Ottawa East paddlers to launch their water craft.

The federal body that helps manage the Rideau Canal balked at having paddlers use the gates along the canal that are opened in winter to permit skating.

"Unfortunately, it is not sufficient to just remove the locks or open the gates," NCC spokesperson Jean Wolff told the *Mainstreeter*. "Parks Canada and the NCC will have to make sure that such an opening will provide a proper facility for the various types of users and their equipment in that kind of urban setting, individually or in groups.

"Moreover, all additional work needs to include safety concerns, as safety for paddlers, for all pathways users near those gates and for the public in general, is always paramount," Wolff added.

To some people who have been launching their craft over the canal railings, the NCC appeared overly cautious.

"The lack of imagination is staggering," says Old Ottawa East kayaker Ron Rose. "The NCC response seems to be 'it can't be done because there are safety concerns.' Of course there will be safety concerns, but there are also safety solutions, and the NCC should spend some time seeking out those solutions."

Paddlers questioned the NCC's safety concerns, given the absence of a rail near the Hog's Back locks or at the locks themselves.

Fred Simpson and Rowan Aird, Drummond Street canoeists, recently demonstrated that it was possible to launch a craft over the railing, though it took time and considerable effort. Others maintained that unlocking the canal gates would make the area safe for paddlers, cyclists and pedestrians because the paddlers would be blocking

the canal pathway for less time.

"Perhaps if the gate was on a spring with a simple latch, that would look after the security issue to the point where it might be difficult for a child to open the gate," said Brantwood Park kayaker Jamie Brougham.

"Getting more recreational boats on the water would be great and good for the national capital's image," Brougham added. "Now it is simply not friendly to our surrounding neighbourhoods."

Others have suggested a small dock for paddlers.

"There used to be a dock by the restaurant at the canal and Fifth Avenue, and I would canoe to my lunch date," said Sandy Hill resident Diane Beckett. "It would be great if the dock would be replaced."

The desire for easier access to the canal is shared by residents in Old Ottawa South. Greg Zador of the

Ottawa South Community Association wrote to the chief executive officer of the NCC.

"Make it easier to access the canal, especially during the summer," Zador said. "Putting in a canoe or kayak is nearly impossible without a rather long portage or drive to Dow's Lake."

"In the past year, paddlers have gained a new launch area as Parks Canada, working with the NCC, has provided new docks downtown near Plaza Bridge (across from the Ottawa Convention Centre) at the Rideau Canal Esplanade," Wolff said. "There are also a number of access points for canoe and kayaks in the Capital Region, including Long Island, Black Rapids, Hog's Back and Ottawa Locks, and facilities at both the Rideau Canoe Club and Dow's Lake Pavilion. Parks Canada has indicated they will complement this network with additional docks at the Hartwell Locks in the future."



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# POLITICAL PAGES

## DAVID CHERNUSHENKO COUNCILLOR'S COLUMN MAY 2012

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### DEVELOPMENTS IN INFILL EXPECTATIONS

*"Developers always get what they want. All they have to do is ask, and if it looks like they might not get their way, they threaten to appeal to the Ontario Municipal Board (OMB). The city will cave to their demands, or the OMB will rule in their favour. It doesn't matter if residents, the community association and elected councillor are opposed. They do whatever they want, and 'we' can't do anything about it."*

If that summarizes your view of the World According to Developers, you're in the majority. Your view seems to be constantly validated by new projects sprouting up across Ottawa.

That's why a recent city council decision to reject a rezoning application for 174 Glebe Ave. got so much attention. For once, the city supported a view consistent with the community.

As thrilled as I was to win a victory for maintaining the neighbourhood character, this episode underlined just how rarely the stars align in favour of a locally popular outcome (and yes, the developer filed an appeal to the OMB).

I campaigned on a platform of moving from NIMBY (Not in my back yard) to YIMBY (Yes in my back yard). I promised to work with residents, community associations, city staff AND DEVELOPERS to better define appropriate infill so we could avoid divisive, energy-draining battles over every infill proposal.

Now approaching the halfway point of my term, what have I accomplished? The Glebe Avenue victory is just one battle, but it shows that the dialogue is shifting — in the media and at council — towards a better understanding of what constitutes attractive, acceptable infill.

Meanwhile, new tools are giving the community, councillors and planning staff more control. While this fundamental shift may not be apparent—there's always a time lag in planning—I expect significant improvements in the next two years because:

- More community associations now have a dedicated committee like the OECA's to engage with developers from the outset. My office is working with them to inform local residents about the planning process and help them focus their efforts.
- I'm making it clear to developers that community character is paramount, and that over-sized buildings and "spot rezoning" make for poor planning. I encourage them to engage with the community and seek a win-win outcome to save time and money and improve their reputation.
- I organized urban councillors to support amendments to the Zoning By-law and Urban Infill Guidelines that begin to place restrictions on inappropriate infill. The next phase will tackle the thorny issues of height, mass and scale.
- I'm trying to bring a zoning review to the Archville district of OOE to deal with the Zoning By-law abuses of several developers.

This is all important work and it will continue with the support of city staff and the Planning committee. But I'm not suggesting everything is now under control.

Far too many infill homes are fundamentally altering the character of local streets. Over-sized towers are still being proposed with the dubious argument, 'I'll build an ugly box if you don't grant me the additional height I'm seeking'—as if these are the only two options!

But I'm confident the teamwork and good planning sense that defined the Glebe Avenue victory can be replicated, and we can find our way to an era of YIMBY.

## PAUL DEWAR MP, OTTAWA CENTRE

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### HUNGRY FOR CHANGE: TIME FOR A NATIONAL FOOD STRATEGY

This month many of us will celebrate Thanksgiving by sharing a meal with our family and friends.

For many Canadians, however, access to local, healthy and affordable food choices is a luxury. As October also marks World Food Day, it is an ideal time of year to raise awareness and take action regarding food insecurity in Canada.

Unfortunately, our nation's record on this issue is not what it should be. We were the only industrialized nation to recently receive a visit from the United Nations' Special Rapporteur on the Right to Food, Olivier De Schutter.

According to the UN, nearly two million Canadians currently live without access to safe and nutritious food. Many of these Canadians are in northern communities.

In March 2011, 851,014 families visited food banks across Canada. As we know, food banks were set up as temporary measures to alleviate hunger but have now become a permanent food source for many.

According to Food Banks of Canada, food bank use skyrocketed by 26 percent between 2008 and 2011 - 38 percent of users in Ontario were children and youth.

Back in 2008, New Democrats launched a Food for Thought tour. We visited 28 communities over a period of 18 months to gather information on food issues in Canada. As a result of this consultation, participants overwhelmingly identified the need for a national food strategy to ensure Canada's food security and food sovereignty.

In light of the UN Rapporteur's visit and the Food for Thought tour, my colleagues and I continue to call on the government to adopt a national food strategy designed to support health, affordability, environmental sustainability and good producer incomes.

As Mr. De Schutter pointed out, a national food strategy would encourage coordination between federal and provincial governments, identification and monitoring of emerging threats to our food

supply and long-term planning on food issues.

Addressing food insecurity is complex. Many other issues are closely tied to it, such as the number of Canadians living in poverty without access to secure and affordable housing. My colleagues and I have repeatedly called on the government to prioritize these issues, more recently by re-introducing our national housing bill.

#### IMPROVING ACCESS TO LOCALLY PRODUCED FOOD

Increasing access to locally-produced food is an integral component of improving food security in Canada. Supporting local food includes buying from farmer's markets and community shared agricultural producers, as well as participating in local community gardens.

Many Canadians want more access to locally-produced food. However, many family farms are going out of business because of rising debt. Coupled with this problem is the move towards large-scale, input-intensive modes of production that increase unsustainable farming practices and buyer consolidation.

As a result, my colleagues and I have urged the government to continue its funding to Farmers' Markets of Canada, created in partnership with the provinces to connect consumers to their local farmers.

In our community, Just Food is one organization dedicated towards promoting a just and sustainable food system. They are a hub for information on community gardens, community-shared agriculture as well as on restaurants in Ottawa that feature local food. They also assist neighborhoods in the city to map out food security challenges. Visit their website at [www.justfood.ca](http://www.justfood.ca) for more information on their projects.

My colleagues and I will continue to work towards ensuring Canadians have access to safe, affordable and healthy food choices. I look forward to hearing from constituents about innovative ways for improving access to local food in our community.

## POLITICAL PAGES

### YASIR NAQVI MPP, OTTAWA CENTRE

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## SUPPORTING YOUNG PEOPLE, KEEPING COMMUNITIES SAFE

The government of Ontario is launching a balanced approach to keeping communities safe by helping young people find jobs, and by keeping streets free of guns, gangs and drugs.

This summer, Dr. Eric Hoskins, Minister of Children and Youth Services, and Madeleine Meilleur, Minister of Community Safety and Correctional Services, consulted with young people and their families, community and business leaders, and police to help develop our action plan.

Through meetings, letters and an online survey, residents shared their experiences and ideas to keep their neighbourhoods safe and help young people succeed. Ontarians from all walks of life shared inspiring and personal stories about the root causes of crime and how communities are responding to challenges that place youth at risk.

Following the consultations, we were proud to announce our Youth Action Plan. It will benefit an additional 13,000 young people each year by moving forward on 20 different initiatives.

We are increasing the number of Youth Outreach Workers from 62 to 97 across the province to help youth make positive choices and stay on track. We will continue to support community programs with a proven track record through a new, annual Youth Opportunities Fund.

This summer, more than 4,300 at-risk youth in 33 Ontario communities gained valuable work experience and learned new skills through the Youth in Policing Initiative (YIPI) and the Summer Jobs for Youth Program. The Youth Action Plan announced our intention to expand the summer jobs programs for disadvantaged youth and provide hundreds of after-school jobs during the school year.

We will also expand the Focus on Youth Program to provide summer employment for 220 more young people and summer recreation activities for 3,500 more children and youth in disadvantaged neighbourhoods across the province. This program operates in Ottawa, Hamilton, Windsor, and Toronto. It has already provided summer employment to 5,000 young people and resulted in summer activities for more than 100,000 children since 2007.

We intend to target illegal gang, drugs and weapons activities in our community through intervention, enforcement and community mobilization. We will secure permanent funding for the Provincial Anti-Violence Intervention Strategy (PAVIS).

We are supporting Crime Stoppers, doubling the rewards for tips that get guns off the streets. We have allocated \$500,000 in Safer and Vital Communities grants to community organizations so that they can work with police to prevent crime.

Our government is investing more than \$20 million in new funding to support the Youth Action Plan. We were able to find efficiencies and savings within our existing programs to fully offset the cost of these expanded and new programs.

The overall youth crime rate in Ontario is 23 per cent lower than in 2000, and the youth violent crime rate is also down by 17 per cent over this same period. We remain committed to continuing in this success.

For more information on the Youth Action Plan, visit [www.ontario.ca/children](http://www.ontario.ca/children) or [www.yasirnaqvimpp.ca](http://www.yasirnaqvimpp.ca), or you can contact my Community Office at 613-722-6414.

## NEWS

*Continued from page 1*

The hospital link is slated to be a 1.2 kilometer road with a total cost of \$62 million. The city intends to expand the road to four lanes once the rest of the AVTC is built.

Current plans show the AVTC would start at the Walkley-Conroy intersection and end in Old Ottawa East, dumping traffic onto Nicholas Street, the Queensway, and Ottawa East streets.

Many suburban city councillors continued to push for the completion of the hospital link and the full AVTC. They argued the roadway would be paid in large part by development charges rather than through taxes.

The goal of the AVTC is to allow more motorists from the south to cross the Rideau River into central Ottawa. The corridor's design calls for a four-lane bridge over the river between Springhurst Park and the existing transitway bridge near the Lees Avenue apartment buildings.

### ERRONEOUS TRAFFIC PROJECTIONS

Recent findings however, of a tri-community working group representing OOE, Sandy Hill and Riverview Park showed the city's projections for increased traffic from the south had not materialized.

Through Coun. David Chernushenko, the anti-AVTC working group received data on traffic flow that showed there was only marginal traffic growth on north-south routes across the Rideau River during the last eight years. This contradicted forecasts in the environmental assessment for the AVTC.

Moreover, AVTC opponents pointed to major investments in existing roads by the city and province that were expected to increase traffic capacity over the Rideau and diminish the need for the AVTC.

For example, the construction of a \$2.1 billion Light Rapid Transit system would have twice the capacity of the city's existing bus transitway.

The extension of the O-Train system would provide another means for residents of the southern sections of the city to commute to Centretown and the \$47 million connection of Hunt Club Road to Highway 417 would offer them a fast route to the Queensway.

Ron Rose, the Old Ottawa East Community Association's director of transportation admitted the \$220-million widening of the Queensway would result in lengthy detours through Old Ottawa East and considerable inconvenience during construction for people unable to use the eastbound on ramp at Lees.

But he was quick to point out the widened Queensway would allow an additional 2,200 vehicles per hour to travel over the Queensway-Rideau bridge in each direction.

### INADEQUATE NICHOLAS CAPACITY

Community representatives made other arguments against the AVTC. They insisted Nicholas Street didn't have the capacity to accept the new traffic of a four-lane arterial road.

City staff could not show clearly that AVTC traffic could flow smoothly to Nicholas.

Don Fugler, a long-time Ottawa East opponent of the AVTC, argued the hospital link portion should not be built.

"We have the delay now to make that point," Fugler said. "If the hospital link is built differently, not as part of the AVTC but instead to address specific hospital traffic requirements, then a very different roadway would result, one that would not be intended to serve as a future parkway. Until we get a physical impediment to the AVTC, such as houses along Lees or a route to the hospital that does not link to the north and south, then the construction of the full parkway is always possible."

One of the stated justifications for the hospital link portion of the AVTC was that hospital employees would use the new road.

The hospital however has never released data to show employee commuting patterns or travel patterns of patients and their families to support the need for the link.

"It appears that the argument that hospital employees want and need the link is based on anecdotal hypothesizing rather than hard evidence," said Kris Nanda, planning and development chair with the Riverview Park Community Association.

"In fact, I have spoken with several acquaintances who work at the hospital and live in Orleans and Blackburn Hamlet and say they would never use the hospital link because it just would not make sense and would require backtracking on the new road," Nanda went on. "Constructing the AVTC - even just the hospital link portion - runs counter to the city's stated goals in the Official Plan of encouraging people to switch from using their cars to instead travel by other transportation modes."

Chernushenko himself maintained there should be "transit-oriented development" at the Lees station of the new LRT system, rather than the four-lane AVTC.

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- ✓ join our monthly discussions. This month: Should there be a memorial in Brantwood Park?
- ✓ view our pictures and videos!
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# Community Activities Group of Old Ottawa East (CAG)

## Le groupe d'activités communautaires du vieux quartier d'Ottawa-Est

### 2012 Winter Art Sale

Saturday November 17, 10:00 a.m. - 4:00 p.m.

Old Town Hall, 61 Main Street



Come enjoy the work of local artists. You might find something you will treasure for years to come.....

**Artists:** Tables available for \$25. Registration in person at the Old Town Hall or online at [www.ottawaeastCAG.ca](http://www.ottawaeastCAG.ca)

info@ottawaeastCAG.ca,  
613-230-0076

**Admission free**

[www.ottawaeastCAG.ca](http://www.ottawaeastCAG.ca)

*Continued from page 7*

Old Ottawa East. Some had travelled from other areas.

Lenore Fahrig said she lived in the Glebe, but occasionally comes to the Main Market, "to get fresh, non-factory meat and eggs."

Others said they came for direct contact with producers.

"We like the fact that it's within walking distance, has great variety and is really well organized," said Melissa and Jean-Robert Brisson.

"It's nice to be able to talk directly with the farmer producing the food, to find out the difference between two similar products, what's in season and what will be available in a couple of weeks," said Heather and Kevin Abbott, who lived nearby. "The produce is beautiful, and you often run into your neighbours."

The market also provides special market dollars to local community organizations for people who need produce. The market dollars can be redeemed at any of the stalls at the Main market.

The market is facing a few challenges.

Manager Greer Knox was concerned potential customers may have stayed away this year thinking supplies were limited because of the drought.

Some vendors are also concerned about the proliferation of farmers' markets within Ottawa, and wonder if they will have to be selective about which ones to attend.

The Main Farmers' Market will be open this year until Saturday, Oct. 27.

The Mainstreeter congratulates Scott Watson, Old Ottawa East's local pharmacist, on the recent opening of his second store: in Wellington Village. Watson assured the newspaper he had no plans to leave the neighbourhood.

"I'll be here in Old Ottawa East at least until I retire," he said.

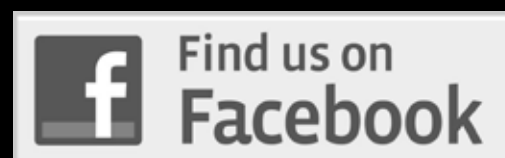
# Community Activities Group of Old Ottawa East (CAG)

## Le groupe d'activités communautaires du vieux quartier d'Ottawa-Est



CAG community programs and events are online at

[www.ottawaeastCAG.ca](http://www.ottawaeastCAG.ca)



[facebook.com/OldOttawaEastCAG](https://facebook.com/OldOttawaEastCAG)

**The Old Ottawa East eUpdate sends periodic email announcements about upcoming events in the Old Ottawa East community. Subscribe now to ensure you stay up to date!**

[www.ottawaeastcag.ca/eupdate](http://www.ottawaeastcag.ca/eupdate)



# COMMUNITY BUSINESS DIRECTORY

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## OLD OTTAWA EAST COMMUNITY CALENDAR

**SATURDAY, OCTOBER 13**  
PUMPKIN SALE  
10:00 a.m. – 1:00 p.m.,  
Old Town Hall, 61 Main Street,  
and Brantwood Park field house,  
39 Onslow Crescent  
More info: [www.ottawaeastCAG.ca](http://www.ottawaeastCAG.ca)

**SATURDAY, OCTOBER 13**  
SPORTS EQUIPMENT EXCHANGE  
10:00 a.m. – 1:00 p.m.,  
Brantwood Park field house,  
39 Onslow Crescent  
More info: [www.ottawaeastCAG.ca](http://www.ottawaeastCAG.ca)

**WEDNESDAY, OCTOBER 17**  
MAIN STREET RENEWAL  
PROJECT OPEN HOUSE  
6:00 – 9:00 p.m.,  
Saint Paul University (Guigues Hall,  
Atrium), 223 Main Street  
More info: [Josee.Vallee@ottawa.ca](mailto:Josee.Vallee@ottawa.ca)

**FRIDAY, OCTOBER 26**  
HALLOWEEN PARTY (5 – 10 YEARS)  
6:30 – 8:00 p.m.,  
Brantwood Park field house,  
39 Onslow Crescent  
\$10  
More info: [www.ottawaeastCAG.ca](http://www.ottawaeastCAG.ca)

**TUESDAY, NOVEMBER 13**  
ANNUAL GENERAL MEETING FOR  
OLD OTTAWA EAST COMMUNITY  
ASSOCIATION (OECA)  
AND COMMUNITY ACTIVITIES  
GROUP (CAG)  
7:15 p.m., Auditorium G203,  
second floor, Guigues Building,  
Saint Paul University,  
223 Main Street  
Everyone welcome!  
More info: [info@ottawaeast.ca](mailto:info@ottawaeast.ca)

**FRIDAY, NOVEMBER 16**  
PD DAY IN BRANTWOOD PARK  
(JK – GRADE 4)  
8:30 a.m. – 4:00 p.m.,  
After Care 4:00 – 5:45 p.m.,  
Brantwood Park field house,  
39 Onslow Crescent  
\$45/day, After-Care \$10  
More info [www.ottawaeastCAG.ca](http://www.ottawaeastCAG.ca)

**SATURDAY, NOVEMBER 17**  
WINTER ART SALE  
10:00 a.m. – 4:00 p.m.,  
Old Town Hall, 61 Main Street  
Admission FREE

If you have a meeting  
or event that you  
would like included in  
the community calendar,  
please forward details to  
[info@ottawaeastCAG.ca](mailto:info@ottawaeastCAG.ca)

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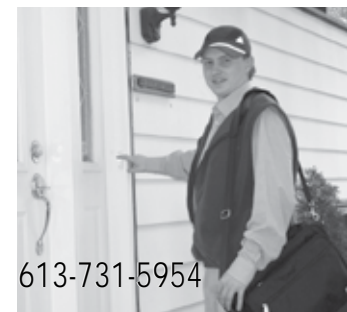
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## New Faces at Watson's!

Please join us in welcoming two new Pharmacists who will join Scott in providing the same level of personalized service you have come to expect from Watson's. We know that both Pharmacists will bring tremendous passion, energy and commitment to serving the Old Ottawa East community. They look forward to getting to know you – please stop by and say "hi"!



**Nicole Goode**

*Pharmacist*

Nicole hails from the East Coast where she recently completed her Bachelor of Science in Pharmacy at Memorial University. At Memorial, Nicole received several awards including the CAPSI/Pfizer Guy Genest Passion for Pharmacy Award. Nicole also served in numerous leadership roles including the Pharmacy Society President. Nicole has a special interest in health counseling and has experience in counseling children in diabetes management.



**Emily Ho**

*Pharmacist*

Emily hails from the West Coast where she completed her Bachelor of Science in Pharmacy at the University of British Columbia. While at UBC, Emily consistently made the Dean's Honour List and in 2009 she received the Balvinder Gakhal Memorial Award in Pharmaceutical Sciences for her good academic standing and leadership skills. Emily has experience working in a hospital setting (BC Children's Hospital) and in independent community pharmacies.